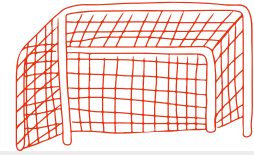




Make. Do. Share.



Own the zone

Everyone will explore their skills to find their own greatest strengths and practise working as a team to reach their goal

Suitable for Scouts and Explorers



You will need

- 5 simple challenges like riddles, anagrams or visual puzzles, a football and makeshift goal

Instructions

1 Arrange 5 bases around the room. These should include quick challenges like visual puzzles, riddles, anagrams, shooting a football into a goal and keepie-uppies. Here are some suggestions that cover the five pillars of a great session, just like Manchester United Foundation includes in every activity with the young players they work with:

- **Technical** – time yourself dribbling a football around lots of obstacles.
- **Tactical** – solve a puzzle.
- **Physical** – set up an activity course that includes things like star jumps and shooting a ball into a goal (you can use jumpers for goal posts or whatever you have).
- **Psychological** – solve an anagram challenge.
- **Social** – think of one potential challenge associated with going back to school or Scouts after a break, and suggest a possible solution.

2 If you're able to get together or if you're meeting online, divide the group into teams of 4–6. Explain that the teams are going to complete the challenges and that each person will use their different skills.

3 Each challenge has a new team leader, who will assign someone for the challenge based on their skills. Perhaps one person will shine at shooting a football, while another is a whizz at word games.

4 When each team has completed all the challenges, come back together and ask the young people if they want to share their experience of leadership and using their skills as part of a team.



Time needed
60 minutes

Badge



Manchester United Foundation partners the Team Leader Challenge Award

Partner



Foundation

Outcomes

Young people will gain experience in leading a team and assigning tasks based on their skills. They'll work together to complete challenges, choosing the person most suited to a task, and reflect on the outcome. If they're doing the activity at home, they can use the challenges to see where their own greatest strengths are.

More information

For more badge resources and activities go to scouts.org.uk/supporters/manchester-united-foundation.

