# Doing the DofE.

Guidance for leading and participating in the Duke of Edinburgh's Award during the pandemic.



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### Welcome

This guidance will help you make sure your delivery of the DofE programme within the Scouts is safe and follows the The Scouts' Framework. More Scout guidance is available here.

This guidance should read in conjunction with The Scouts' Framework, which explains the overall process.

#### **Background**

To help young people to complete their Duke of Edinburgh's Award (DofE), the Scouts and the DofE have provided flexibility to programmed rules, to help young people to achieve their awards during the pandemic. This guidance outlines permitted activity at each readiness level, incorporating flexible programme changes.

You can find out more by visiting:

- The Scouts Programme flexibility pages
- The DofE with a difference pages

Any DofE activities organised and delivered within the Scouts must be delivered following Scouts rules.

#### Things to consider

The key considerations will include:

- The Scouts framework for face-to-face activities is connected to readiness levels provided by the National Youth Agency (and equivalents in other nations). Readiness levels detail what activity is safe and permissible.
- Residential activities organised and facilitated by the Scouts, that involve multiple households and international trips, are only permitted at the green readiness level. This includes DofE expeditions and residential experiences.
- Sections planning to return to face-to-face Scouting must consider if they will be offering
  DofE activities within their programme as part of the restart process. This should include
  which activities will be run at which award level. Information should be included in the risk
  assessment and request to restart plans. This will be reviewed by the relevant Commissioner
  and Executive Committee who will need to give approval for the activities to start. Any
  Districts or Counties who run DofE away from the Unit setting will need to apply for approval
  to restart from their relevant Commissioner and Executive Committee.
- If you are planning for an expedition to take place before the end of the expedition season on 31st October 2020 or you have plans for young people to take part in a residential experience, you must make this clear in your plans and risk assessments. This will only be possible if you are in a jurisdiction which is at Yellow readiness level.
- When participants are in the care of the Scouts, you can follow our guidance on First Aid
  here. When participants are under the care of an external organisation, including when they
  are taking part in the volunteering, skill or physical section of the award, parents and carers
  must ensure that they are happy with the safety measures that are being put in place to
  safeguard their young person.

#### **DofE 2020 Certificate of Achievement**

- The DofE will give a 2020 Certificate of Achievement to anyone who has completed the Volunteering, Skill and Physical section of their Award.
- At Bronze level, participants who have completed their Volunteering, Skill and Physical and as a result achieve the 2020 DofE Certificate of Achievement and completed the Award and can move on to the next section.

#### **Expedition seasons**

• The 'expedition season' runs from March – End October. Age flexibilities allows for expeditions to be taken in March 2021 should participants miss the opportunity attend an expedition in 2020. Taking young people on expeditions outside of the usual expedition season can bring additional risks and this should only be considered in exceptional circumstances, when Leaders and Commissioners have the confidence that young people are capable to navigate harsher conditions. The safety of young people is of paramount importance.

#### Returning home during an expedition

The DofE have released guidance stating that young people can return home overnight
during an expedition of any award level (Bronze, Silver and Gold). We support this flexibility
and have outlined below a checklist of some key considerations which you must include in
your risk assessment before taking young people on an expedition.

# Using DofE Approved Activity Providers (AAPs) for the expedition section

• Members may independently and individually book onto open expedition opportunities through AAPs. This CANNOT be organised by the Scouts at any level. This includes the individual (if over 18) or through parents/carers (for those under 18) booking onto an open expedition opportunity. Individuals take responsibility for their own safety, safeguarding and insurance checks. This will allow members who have already booked to continue with their plans to attend expeditions provided by AAPs; or for others to seek to book if they are wishing to complete a section of the award using a more conventional expedition than is currently permitted within the Scouts. This does not apply to expeditions for scout awards.

#### Activities organised by the young people not the Scouts

- Young people choose the activities to do for each section of their award and need the
  agreement of their leader to ensure that the activities meet the requirements of the DofE and
  do not go against the ethos of the Scouts. Activities undertaken within the Scouts
  (organised, facilitated or directly involving other members or a direct benefit to the Scouts)
  must be done following Scouts rules.
- Activities which are organised independently of the Scouts are done as an individual with parents (or the individual if over 18) taking responsibility for safety, safeguarding and insurance checks. This includes the volunteering, physical, skill, expedition and residential section.

# Risks and mitigating actions

The table below outlines the acceptable level of activity at each readiness level for Scouts activities. This does not include activities organised by young people independent of the Scouts.

Operating	Permitted Activity	DofE Permitted Activity	Key Risks	Key Controls	Who is responsible
Level					for making sure this
					happens
Red	No face-to-face Scouting	No face-to-face activity allowed. No	All DofE activities	Ensure all parents aware	DofE Leaders /
	activity allowed.	overnight activity including	conducted independently	of the changes in	County DofE Adviser
		expeditions and residential	or virtually.	programme and guidance	to ensure young
	Scouting can be virtual	experiences allowed.		on staying safe online.	people are supported
	(online/video/phone).			(See the Staying Safe	with continuing their
		Volunteering, Physical and Skill		Online page on	DofE through this
	Scouting can take place at	sections of the DofE Awards can be		scouts.org.uk)	time.
	home/with family e.g. using	completed virtually. The DofE have			
	The Great Indoors	released ideas on how you can do this			DofE Leaders or
	resources.	virtually <u>here</u> .			Assessors should
					agree that a family
		Volunteering, Physical and Skill			member can act as
		sections can take place at home/with			an Assessor.
		family. The DofE have released flexible			
		guidance to allow family members to			
		act as Assessors. Family members			
		should only be assessors, after			
		receiving confirmation, from the			
		Leaders delivering DofE for their			
		young person, this decision must be			
		documented.			

Amber	Scouting activities in outdoor spaces can resume in small groups, subject to following government guidance.  Groups in England and Scotland may meet in small groups indoors.  No residential activities can take place.	No overnight activity including expeditions and residential experiences allowed.  Volunteering, Physical and Skill sections can take place in outdoor spaces in small groups.	The risk of transmission of the coronavirus is much higher indoors than outdoors.  Groups in England and Scotland may use indoor spaces but outdoor spaces still preferable.  Buildings need to be assessed as safe to use following a period of nonuse.	Government guidance followed, limitations on number of people in spaces and cleaning / hygiene systems and face coverings.  Ensuring the programme allows for small group use of outdoor or indoor spaces (as applicable in your location)  Follow guidance on Planning a safe and enjoyable programme and finding a safe place to meet.	Executive Committees and Commissioners
Yellow	Outdoor Scouting can be expanded and indoor Scouting in small groups can resume, subject to following government guidance.  Camping is permitted within guidelines in some nations, following relevant social distancing rules.  No indoor residentials are permitted.	No overnight activity including expeditions and residential experiences allowed.  Volunteering, Physical and Skill sections can take place in outdoor or indoor spaces in larger groups.	The risk of transmission of the coronavirus is much higher indoors than outdoors.	Check hygiene protocols are consistent, clear and understood (including signage).  Government guidance followed, limitations on number of people in spaces and cleaning/ hygiene systems and face coverings.  Check hygiene protocols are consistent, clear and understood (including signage).  Detailed guidance on sleeping, catering, hygiene, waste	Executive Committees and Commissioners

				management and programme for camping	
				are in development to be	
				ready for Yellow. Current	
				indications are that	
				England will allow limited	
				camping in yellow but	
				Scotland will not.	
Green	Following government	All DofE Award sections, including	Be prepared that we could	Have contingency plans	Executive Committees
	guidance, all Scouting	expeditions and residential	return to the Yellow stage	prepared.	and Commissioners
	activities may resume.	experiences are allowed.	at late notice, which could		
			mean short notice	Ensure strong, visible	
	Residential experiences and	The DofE have released some	cancellation of expeditions	hygiene practices are still	
	camps can take place.	flexible guidance on expeditions*:	and residential.	in place.	
		DofE expedition teams can			
		attend back-to-back practice	People may still be	Clear communication to	
		and qualifying expeditions.	nervous about	participants and parents	
		Where it is not possible for	participation.	about how activities will	
		Gold level expeditions to be run		be run safely.	
		in wild country, expeditions can			
		be run in non-wild country. For			
		example, another area under			
		different jurisdiction may reach			
		'Green' readiness level sooner			
		than England. This means that			
		residents of this area, could			
		participate in an expedition			
		within local countryside, despite			
		not being wild country land.			
		As Gold expeditions do not			
		need to take place in Wild			
		Country, Silver and Bronze level			
		expeditions may take place in			
		the same area.			
		*Note: The DofE have released			
		guidance stating that young people			
		can return home to sleep during an			

expedition of any award level. The		
Scouts believe that exploring and		
setting up camp in a new area,		
away from home, allows		
participants to gain new skills		
which they wouldn't gain through		
any other opportunity. Therefore		
we would strongly encourage that		
every effort is made for young		
people to take part in an expedition		
where they stay away from home.		

### Your DofE COVID checklist

This should apply to all levels, but if in conflict, default to Amber. Some of this guidance can be found in other guidance, which we've linked to below.

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Include a detailed plan on how you will run the DofE programme in your return to Scouting plan and risk assessment.	
Explicitly state that you would like to run an expedition or residential experience, with detail on how you will ensure a safe overnight experience	
(only in levels where overnight activities are allowed).	
Receive approval from the appropriate Commissioner and Executive Committee to run any part of the DofE programme, including residential	
experiences and expeditions.	
If necessary, agree in writing with parents or family members that they can be an Assessor for the Volunteering, Skill or Physical section of the	
DofE Award.	

#### Checklist: Returning home during an Expedition or Residential experience

consider if you will bring masks and/or hand sanitiser.

This checklist includes additional considerations to follow should you decide to run an 'expedition' during the Amber and Yellow Readiness levels, in which young people can return home for the night to sleep.

An understanding on how you will ensure that all participants and leaders can remain socially distanced during the expedition. You may want to consider how the group will remain at a distance in scenarios like map reading, entering fields, travel to and from the expedition location and cooking, food preparation and availability of water.

Consideration for the suitability and challenge that the chosen routes will provide to the group, whilst enabling the expedition to take place do these still challenge the group and allow for progression from the previous level.

A detailed plan and information session with the young people, to discuss how they will manage safety and hygiene on the trip. You may want to

An agreement with the young people that they are happy to participate in an expedition in which they return home each night, rather than participating in the traditional experience.	
An agreement with parents/carers that they are happy for young people to take part. You may also want to agree travel arrangement for each	
evening.	
A detailed plan and/or alternative routes to manage local lockdown scenarios which affect your route.	