

1<sup>st</sup> Response scenario cards



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Scenario 1

**Topics related to: Life support, choking**

You are having supper around the campfire at a summer Brownie/Cub camp when you realise that one of the young people has started choking. They are unable to speak and have become progressively blue and agitated. They appear not to be breathing properly. They are clutching their throat with their hands. They nod in agreement when asked if they are choking.



1<sup>st</sup> Response



Scenario 2

**Topics related to: Injuries, bleeding**

A child playing football gets tackled by the opponent illegally and causes a significant laceration to their knee. The child is bleeding profusely from the wound.



1<sup>st</sup> Response



Scenario 3

**Topics related to: Injuries, fractures**

Whilst trying judo at an activity day a child, aged nine, is thrown to the mat and suffers an open fracture of both bones in the forearm. There is significant bleeding from the wound. The child begins to complain of feeling light-headed, the skin is pale and feels cool and clammy. The pulse becomes rapid and weak.



1<sup>st</sup> Response



Scenario 4

**Topics related to: Injuries, fractures**

A young person has tripped on an uneven path during a sponsored walk and has hurt their forearm. They claim they landed on the sharp edge of a broken stone. When you approach them they look distressed and in pain. They are supporting their arm, which looks deformed and there is a wound that is bleeding. There is no exposed bone. Once a bandage is placed on the wound the bleeding continues to ooze through the bandage.

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Scenario 5

**Topics related to: Injuries, dental injuries**

You are at the swimming pool. An adult leader is exiting the pool using the ladder, then slips and hits their mouth on the railing. When you approach the victim, you notice that they are missing a tooth, which they are holding in their hand, and bleeding from the mouth.



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Scenario 6

**Topics related to: Injuries, burns**

A 12 year old shouts from the kitchen area at camp and tells you help is needed. Another Guide/Scout has been burned by hot oil on their hand and wrist from the frying pan. The patrol are all screaming and the gas cooker is still on.



1<sup>st</sup> Response



Scenario 7

**Topics related to: Illnesses, Anaphylaxis.**

A 12 year old is brought to the camp First Aid tent after being stung by a bee. They had been well until they were stung on the arm when trekking in the hills. They initially complained of pain and swelling. Fifteen minutes later they began to complain of shortness of breath and the patrol noticed them to be wheezing. They also said that they felt very weak and dizzy.



1<sup>st</sup> Response



Scenario 8

**Topics related to: Illnesses, asthma**

A member who is asthmatic participates in a game of basketball but forgets to take their medication before the game. During the game, the player becomes very distressed, has difficulty breathing and begins to cough and wheeze.

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 <p>1<sup>st</sup> Response</p> <p>Scenario 9</p> <p><b>Scouts</b></p> <p><b>Topics related to: Illnesses, diabetes</b></p> <p>You are at a meeting when someone tells you that their friend, aged 12, is not feeling well and needs help. You see they are wearing a diabetic ID bracelet.</p>	 <p>1<sup>st</sup> Response</p> <p>Scenario 10</p> <p><b>Scouts</b></p> <p><b>Topics related to: Illnesses, asthma</b></p> <p>During a wet and cold sponsored walk with the Scouts/Guides, your friend begins wheezing. Within minutes they are breathing rapidly, coughing and suffering from chest tightness. They are also having difficulty speaking and answering your questions.</p>
 <p>1<sup>st</sup> Response</p> <p>Scenario 11</p> <p><b>Scouts</b></p> <p><b>Topics related to: Illnesses, diabetes.</b></p> <p>A young person you know well approaches you looking vague and a bit confused. They are behaving uncharacteristically oddly and are slow to respond to your questioning. They admit to missing a meal during the day's hike. You notice they look pale, cold and sweaty, and are breathing rapidly.</p>	 <p>1<sup>st</sup> Response</p> <p>Scenario 12</p> <p><b>Scouts</b></p> <p><b>Topics related to: Illnesses, seizures.</b></p> <p>A young person on a residential trip comes over to you as the first aider and says they feel a little strange. You ask them to sit down and wait while you get cover for your group. You suddenly see them begin to convulse and fall partly out of their chair. When you call their name, they are unresponsive and continue to have uncoordinated spasms of their arms and legs. They remain unresponsive and are incontinent of urine. When the spasms finally stop, they are very sleepy and confused.</p>

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 <p>1<sup>st</sup> Response</p> <p><b>Scenario 15</b></p> <p><b>Topics related to: Illnesses, heart attack</b></p> <p>An elderly adult is visiting your section. They start to have chest pain which radiates to their left arm and they feel pressure in their chest. They become very agitated, panicky and have tingling in their fingers and around their mouth. They feel a bit sick and short of breath after 10 mins of chest pain. They are sweating profusely, dizzy as well as being cold and clammy to touch.</p>	 <p>1<sup>st</sup> Response</p> <p><b>Scenario 16</b></p> <p><b>Topics related to: Illnesses, heart attack</b></p> <p>An elderly adult is visiting your section. They start to have chest pain which radiates to their left arm and they feel pressure in their chest. They become very agitated, panicky and have tingling in their fingers and around their mouth. They feel a bit sick and short of breath after 10 mins of chest pain. They are sweating profusely, dizzy as well as being cold and clammy to touch.</p>