

December/January 2015

Scouting

Scotland

**BRITISH
SCOUTING
OVERSEAS**
Inspirational
Groups around
the world

**ADVENTURE
FOR EVERYONE**
A trip abroad for
all abilities

**5 STUNNING
SENSORY
EXCURSIONS**
Visits for
everyone
to enjoy

Everyone's invited!



**How Scouting is making itself accessible
to each and every person who wants to join**



GREAT EVENTS

for your Group to enjoy

The nation's heart charity has two fun activity-based fundraising events that your Group can take part in during the spring or summer term.

Jump Rope For Heart

For 5-13-year-olds

A popular skipping event that encourages children to learn skipping skills as individuals, in pairs or in groups. Skipping is great fun and a superb way to get kids active.

11 skipping ropes, skills DVD, activity cards, posters and sponsorship forms are provided, as well as an organiser's guide, which is packed full of helpful hints, tips and ideas.



Ultimate Dodgeball

For 7-18-year-olds

A great way for boys and girls of different ages and abilities to have fun and get active. Just choose your teams, create a team identity and organise your own fun event.

Three dodgeballs, teaching resources, posters and sponsorship forms are provided, as well as an organiser's guide, which is packed full of helpful hints, tips and ideas.

Everyone wins

Your Scouts win – They learn how to improve their heart health through fun physical activities.

You and your Group win – These events are simple to organise and you get a comprehensive activities pack with resources worth over £30. Your Group also gets to keep 20% of the sponsorship money raised, to support its activities.

Your community wins – One in every 180 babies born in the UK has a heart defect. The money you raise will help us fund research to prevent, predict and try to cure heart disease.



**FIGHT
FOR EVERY
HEARTBEAT**

For more information, visit bhf.org.uk/scouting or call **0300 330 3322**. To register online visit bhf.org.uk/register



Scouting Editors

Lee Griffiths, Vicky Milnes and Kevin Yeates

Scouting Scotland Editor

Addie Dinsmore

With thanks to... BBC Countryfile Magazine, Alan Burnham, Jon Challicom, Caroline Gunning, Eddie James, Rebecca Lupton, Brook McAllister, Steve O'Brien, Phil Packer, Pippa, Filip Parulski, Michael Randle, Kate Reid, Graham Rothery, Emma Saunders, Anna Scrivenger, Michael Shanks, Jenny Steven, Pete Stillman, Laura Thorner, Roland Turner, Kerie Wallace, Anna Weekes, Dan Woodhouse

Cover Image Jon Challicom

The national magazine of The Scout

Association ISSN 0036 – 9489

© 2015 The Scout Association

Registered Charity Numbers: SC038437

and 306101 (England and Wales)

Published by The Scout Association,

Gilwell Park, Chingford, London E4 7QW

Tel: 0845 300 1818 **Fax:** 020 8433 7103

Email: scouting.magazine@scouts.org.uk

Website: scouts.org.uk/magazine

In association with

Scouts Scotland, Registered Scottish Charity No.

SC017511, affiliated to The Scout Association (UK).

Scottish Scout HQ, Fordell Firs,

Hillend, Dunfermline, Fife KY11 7HQ

Tel: 01383 419073

Website: scouts.scot

Please send all contributions to:

scouting.magazine@scouts.org.uk

Please note that the views expressed by members and contributors in the magazine are not necessarily those of The Scout Association.

Scouting Scotland is produced by Immediate Media Branded

Content, 9th Floor, Tower House,

Fairfax Street, Bristol BS1 3BN

Editor Alex Drew

Art Editor James Daniel

Designer Dean Purnell

Project Manager Celia Beale

Director of Immediate Media Branded Content

Julie Williams

**IMMEDIATE
MEDIA
BRANDED
CONTENT**

ADVERTISING

Advertising Manager Jamie Bolton

Email: jamie.bolton@immediate.co.uk

Tel: 0117 314 7356

It is important to note the differing structures of UK Scouting in Scotland, England, Wales and Northern Ireland. However, for ease of reading this supplement refers to all variations of 'County'-level groupings simply as County.

You can read Scouting magazine and Get Active! online at scouts.org.uk/magazine.



116,700 average UK circulation of Scouting (1 Jan–31 Dec 2013)

© Immediate Media Branded Content. Printed in the UK by William Gibbons. All rights reserved. Unauthorised reproduction in whole or part is prohibited without written permission. Every effort has been made to secure permission for copyright material. In the event of any material being used inadvertently, or where it proved impossible to trace the copyright owner, acknowledgement will be made in a future issue.



This magazine can be recycled, for use in newspapers and packaging. Please remove any gifts, samples or wrapping and dispose of it at your local collection point.



We are proud to say Scouting is PEFC certified. For more information go to pefc.co.uk. Promoting sustainable forest management.

Welcome

Scouting for all

Join, share and get involved at

 Scouts Scotland Headquarters

The experiences you can have through Scouting are amazing and life-changing. And they should be available to every single young person. Making sure there are no barriers to taking part in Scouting is something I am passionate about. In this issue, we look at how Scouting really is open to all.

Volunteers are doing incredible work to make sure that Scouting includes everyone. On **page 24** we visit 1st Bournville, a Group that welcomes young people with additional needs, young carers and young people in care. The leaders work hard so that young people have the best possible experience of Scouting. There are so many Groups doing similar things, whether they meet in hospitals, schools or their local HQ.

For example, a Group in Glasgow made an exciting international experience available to young people with disabilities. On **page 36** they tell us how they made it happen and share their tips for making international trips accessible. We also find out what it means to be inclusive from inspiring volunteers all over the UK on **page 31**. These include a Group that's ensuring Scouting welcomes young people from the Polish community.

Volunteers and young people from all walks of life can get involved in Scouting and this makes us a fantastic, diverse Movement. We might have differences but what we all share – and what brings us together – is our commitment to the greatest youth Movement on the planet.



Bear Grylls
Chief Scout



Scouting WANTS YOU!



Every issue we ask three readers to share their thoughts on the subjects we cover. If you fancy joining our reader panel for an issue, email scouting.magazine@scouts.org.uk to sign up. And keep an eye out for our handy reader panel stamp throughout the magazine.

We asked our readers...
How can leaders ensure that their Groups are open to all?



Graham Coulson,
Specialist Adviser

The Group Scout Leader is the key. Good personal support from a Group Scout Leader, coupled with quality training – both internal

and external – will lead to adults and leaders having a better understanding and less of a ‘fear of the unknown’. It will make them more comfortable when working across the additional-needs spectrum.



Kay Hill,
Specialist Adviser

Have a whole group committed to it; think about the image you portray in publicity – if we only sell ourselves on action/adventure,

does this put off people with disabilities or those who think they might not be able to afford to join in?



Sharn Race,
Specialist Adviser

Through planning for inclusion and diversity. Look at who isn’t in the room and ask some simple questions when

working up your development plans. Note down your answers and work them into your plan. If you don’t have the answers, don’t worry – there is a wealth of support available to help you develop open and inclusive Scouting. Contact the Information Centre or email diversity@scouts.org.uk.

Contents

The inclusion issue

UP FRONT

- 9 News**
The latest Scout happenings
- 15 Housekeeping**
More Compass developments
- 19 What’s on**
Key dates for your 2015 diary
- 21 Mailbox**
Your letters, emails, tweets, posts and pictures

FEATURES

- 24 ‘It’s about what you can do, not what you can’t do’** COVER STORY
1st Bournville are determined that everyone should enjoy the best of Scouting
- 31 What does being inclusive mean to you?**
UK Scouting volunteers share their thoughts
- 36 Adventure for all**
Find out how Glasgow Disabled Scouts planned a trip to the Netherlands
- 43 Out there**
British Scouting Overseas

REGULARS

- 6 Wayne’s word**
This issue’s message from the UK Chief Commissioner
- 66 Last word**
Scouting ambassador, Phil Packer, tells us what inspires him



24

COVER STORY

THE KNOWLEDGE

- 47 Volunteer**
Michael Randle tells us why being blind won’t stop him Scouting
- 49 Advice**
Your inclusion queries answered, plus this edition’s ‘big issue’ question
- 52 Health**
Challenge stigma by discussing mental health with your Group
- 54 Walk**
A four-mile walk near Kirkby Stephen in Cumbria and five sensory excursions you’ll love
- 59 Food**
Try our camp canapés this party season
- 60 Games**
More festive brain teasers than ever before!



DOWNLOAD THE **BLIPPAR** APP TO YOUR SMARTPHONE OR TABLET



THEN WHEN YOU SEE THIS SIGN...



FILL YOUR SCREEN WITH THE IMAGE...



BLIPP TO LIFE!



Grab a great deal on kit for €115
Vango Contour 60l + 10, Ultralight 600 Sleeping bag & Ultralite Mat



0800 980 7988

www.glasgowscoutshop.com

The Glasgow Scout Shop is owned & operated by Clyde Regional Scout Council, a Registered Scottish Charity SC010419



A youth-shaped Movement

This issue, UK Chief Commissioner **Wayne Bulpitt** is even more excited than usual about the future model of Scouting

I'm feeling excited – I know, I often am – but this is for an even bigger, better reason than usual. Over the past month or so I've begun to fully appreciate, even more than before, the unlimited potential of a Movement shaped by young people in partnership with adults.

On **page 9** you can learn about our amazing UK Youth Commissioner, Hannah Kentish, and her two deputies, Jagz Bharth and Jay Thompson, selected from 105 applicants and from 19 shortlisted for interview. Just meeting these young adults, listening to their Scouting stories and ambitions is so inspiring and working with Hannah and her team for a short time gives me even greater confidence for the future. And yes, I appreciate there will be challenges as we test our own comfort zones.

Meanwhile, our Community Impact Group, which also had over 100 applications, has been meeting with the best from the 70 leading charities that showed an interest in partnering with Scouting to deliver community impact projects across the UK. They've managed to select six, but more about that another day.

What has made me particularly excited for our future are the processes we followed. Both the UK Youth Commissioner search group and the Community Impact Group are youth led, with over 75% of the membership



Hannah Kentish, 21, has been appointed to The Scout Association's senior leadership team

'Our job is to offer guidance, but not with a casting vote.'

(and votes) being members under the age of 25, and the balance being those of us with a few more years behind us. Our job is to offer guidance, advice and support as members of the groups, but not with a golden or casting vote.

As we develop such models, just imagine the potential locally to capture the energy and enthusiasm our young people have to make a difference, and how they value a little help and support along the way.

IN THE DIARY

Here's where Wayne will be in the coming weeks...

January 2015

- 9** Northern Ireland awards
- 9–10** UKCC Team meetings
- 24** Operations Committee
- 31** Activity Centres workshop

February 2015

- 1** Romford District
- 7–8** Youth Shaped Scouting conference
- 27/28** Merseyside County

ASK WAYNE

Wayne can answer your queries at escouts.org.uk/forum (click on Forum, then Question Time).



What's On Offer

- ➔ 250 Acres of Forest and Camp Areas
- ➔ More than 100 Group Pitches
- ➔ Over 40 Adventure Activities
- ➔ Residential Accommodation
- ➔ Tented Village
- ➔ Tented Camps
- ➔ Fixed Marquees
- ➔ Packages to Suit (inc Catering)
- ➔ Free Centrally Heated Showers
- ➔ Shop and Licensed Bar
- ➔ CCTV Security System
- ➔ 24 hour Staff & First Aid Cover
- ➔ NGB Qualified Staff
- ➔ Ideal camp for first time leaders

In the heart of Sherwood Forest

What's On at Walesby Forest

- | | |
|-------------|-----------------------|
| 11 Jan | New Year's Fun Run |
| * 16-18 Jan | Hawaiian Winter Camp |
| * 16-18 Jan | NESST Challenge Walks |
| * 20-22 Mar | Wake Up Walesby |
| 27-29 Mar | Blood Sweat & Tears |
| 1-4 May | Walesby Challenge |
| 28-31 Aug | Folk Festival |
| 23-25 Oct | Leaders Weekend |
| * 6-8 Nov | Fireworks Spectacular |

* Free Camping events

For more information
please visit our website

As many of you will know, Walesby Forest has embarked on some ambitious developments over recent years and provides many FREE CAMPING opportunities to Scouts & Guides.

In 2013 we built a new lodge and created tented villages, brought in new activities and enhanced our catering options and that's not all, our new indoor climbing facility is planned for 2015.

To celebrate we are offering
FREE CAMPING
for all District Camps in 2015

Terms & conditions apply

club 100 centenary camp

27th - 30th
MAY 2016

3 Days of Fun
Entertainment and
Adventure Activities



Are you up for it!

THE YEAR OF ADVENTURE

We love hosting group visits, so whether it's for an action packed experience of a lifetime, an inspirational trip or just an excuse for a bit of fun, we'd really like to help you celebrate The Year of Adventure.

**TWO NIGHT FUN-PACKED
ADVENTURE WEEKENDS FROM £55 PP**
**DAY TRIP ADVENTURES WITH FOUR
ACTIVITY SESSIONS FROM £25 PP**

CALL: 0800 288 9990

quoting 'SCOUT YA 14'

EMAIL: groups@kingswood.co.uk

VISIT: kingswood.co.uk

only
£10
per person
deposit!



FLEXIBLE PROGRAMMES

**OVER 30
YEARS' EXPERIENCE**

**OVER 60
EXCITING ACTIVITIES**

**130,000 YOUNG VISITORS
EACH YEAR**



Follow Kingswood on Facebook & Twitter

Available at all UK Kingswood centres. Offer quotes exclude VAT. Offer valid for stays from 1st January 2015 to 31st December 2015. Bookings must be made by 6pm on 31st January 2015.

Subject to availability, not available in conjunction with any other offer. Cannot be used retrospectively or applied to existing bookings. Deposit cost excludes VAT.

upfront

The latest Scouting news and events



We want inclusion to be at the heart of Scottish Scouting

EVERYONE'S WELCOME!

A message from Scotland's Commissioner for Inclusive Scouting

Scouting for all. Three easy words – and an ambition we are all aiming for. But how do we make it a reality? How can each of us make Scouting not just open to all, but welcoming to all and truly inclusive of all the communities that make up Scotland?

This issue is full of examples of inclusion in practice. It's designed to show what is possible when we open our minds and think about Scouting differently – being flexible in our approach to volunteering and to what Scouting 'looks like'.

Whether it's Scouting in hospitals or prisons or for young people with disabilities, we can be proud of what we are doing in Scotland. But underlying all of these great projects is a need to support you – whatever role

you hold – to make your local Scouting accessible to more young people and adult volunteers.

When you read this issue take one thing if nothing else from it – ask us for help! There is a wealth of experience and knowledge local to you, or you can contact SHQ directly for support in dealing with challenging behaviour, faiths and beliefs, special diets, sexual orientation, special needs grants and much more.

Let's keep making Scouting a welcoming place for everyone who lives in Scotland.

Michael Shanks
SHQ Commissioner
for Inclusive Scouting

Read about Michael's trip to the Netherlands with his Group, Glasgow Disabled Scouts, on page 36.



SCOUTS ON FILM

We have created a short film called *Are You Game? A Volunteering Legacy*, which celebrates the contribution that Scout volunteers made to the Commonwealth Games, and the wide range of volunteering opportunities that are available in Scouting.

The film can be used by Groups for promotion and recruitment – it's available for download from scouts.scot/news/are-you-game

Or you can Blipp here to watch *Are You Game?* on your smartphone right now



VISIT DERBYSHIRE & THE PEAK DISTRICT



Drum Hill Scout Camp

Little Eaton, Derbyshire

43 acres of woodland & fields suitable for group camping & bivouacking, including open fire cooking

2 Pack Holiday Centres

Activity Building - Abseiling - Climbing - Caving - Archery
Rifle Shooting - Mountain Bike Skills - Orienteering
Low Ropes Course - Adventure Courses - Altar Fires

Attractions Within Easy Reach

The Peak District - Carsington Water - Alton Towers
Chatsworth House - The National Tramway Museum

Telephone: 01332 831233

Email: bookings@drumhill.org.uk

Website: www.drumhill.org.uk



Gradbach Scout Camp

Buxton, Derbyshire

Farmhouse (sleeps 36), Cottage (sleeps 16) & Camping

The "Natural Playground" site,
located in the beautiful Peak District
Ideal for Walking, Climbing, Caving, Canoeing,
Alton Towers, DofE Expeditions and Traditional
Scouting. New toilet / Shower block now open

Border Hike Competition Weekend
18th-20th September 2015

Telephone: 01260 227679

Email: bookings@gradbachscoutcamp.org.uk

Website: www.gradbachscoutcamp.org.uk

scouts
be prepared
HERTFORDSHIRE

ARE YOU READY FOR AN ADVENTURE?
TOLMERS SCOUT CAMPSITE

Fire & Ice: Come and join us for our first camp of 2015! A winter camp packed full of fun and adventurous activities - Whatever the weather! 16th - 18th January 2015

CTT: Whether its 1 week, 2 weeks or just a few days, join us for this action packed summer camp, with activities from land zorbing and zip-lining to rafting and quad-biking, all for just £90 per week. 25th July - 8th August 2015

VISIT WWW.TOLMERS.ORG.UK OR CONTACT 01707872900

FOLLOW US ON FACEBOOK AND TWITTER @TOLMERSCAMPSITE

INTERVIEW

'I feel immensely privileged...'

We asked Scouts to send in the questions they'd like to ask our new Honorary President, Chris Tiso

Ewan: 'Where have your adventures taken you?'

Chris: My interest in visiting new regions combined with my love of wild places has led me to explore many different countries including several of the most remote islands and mountains. Probably my biggest adventures so far have been climbing Mount Everest, sailing to Arctic Greenland and Svalbard, and leading an expedition from South America to Antarctica and South Georgia, where we attempted unclimbed peaks, dived on unexplored wrecks and visited Elephant Island.

Molly: 'What has been your best expedition?'

Chris: If I had to single out a favourite it wouldn't be one of the high-profile trips but my most recent adventure with my nine-year-old son, which saw us climb Ben Nevis together camping halfway in a beautiful spot next to a small loch. It's less about where you are and more about who you're with.

Molly: 'What do you get from the great outdoors?'

Chris: Beyond the obvious physical benefits (I enjoy exercise!) I feel happier and calmer. I relax in a way that

I am unable to indoors or even in built-up areas. I feel I am more in touch with myself and at my best in the outdoors. It's where I am happiest.

Sean S: 'How does it feel to be part of Scouting?'

Chris: Despite not having been a Scout, I feel immensely privileged to have been asked to be part of such a remarkable Movement and hugely proud to be part of Scouts Scotland. I have always respected and identified with what the Scouts stand for. I am very excited about my new role and I hope to do you proud.

Sean S: 'What made you want to join Scouting?'

Chris: I was approached by a friend of mine who had been closely involved with the Scouts for most of his life. He asked me if I would be willing to be involved. I was,

and still am, both flattered and honoured. I would not have agreed had I not been confident that I would be able to help Scottish Scouts for many years to come.

Gemma: 'What would you like to achieve as Honorary President?'

Chris: I plan to work hard to use every available opportunity to raise the profile of Scouts Scotland, what they do and why. I also hope that I may be able to encourage more young people who may not have previously heard or thought about the Scouts to get involved. Personally I hope over the coming months and years to meet as many of you as I can!

Sean W: 'What advice would you give someone before they go on their first big adventure?'

Chris: Be prepared and enjoy it.





The Adventure Starts Here

20 Activities and 67 Acres

Telephone: 01753 882 640

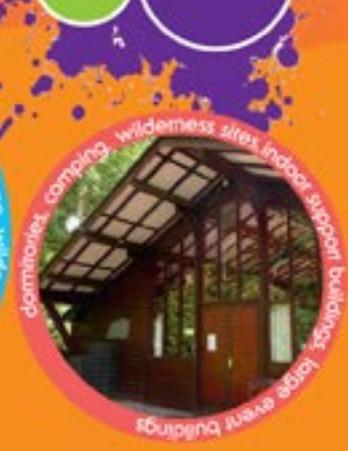
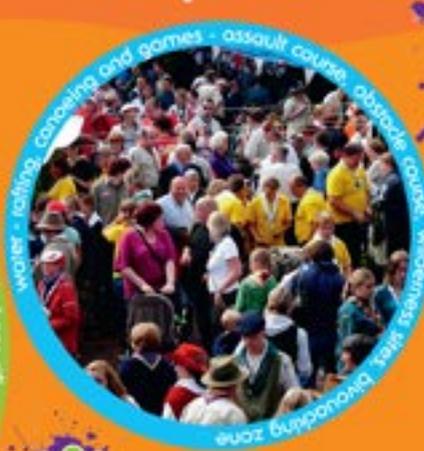


- Two Large Camping Fields and 24 Woodland Campsites
- Modern Self Contained Accommodation – Group Leaders En Suite
- Modern Fully Segregated Toilet / Shower Block including Disabled Facilities
- 20 Activities on site including High Ropes, Climbing, Abseiling, Archery, Cratestecking
- Fully Qualified Instructors
- Conservation & Nature Trails
- Campfire Circle : Pioneering; Backwoods area and much more

office@paccarscoutcamp.org
www.paccarscoutcamp.org



Kibblestone International Scout Campsite



www.kibblestone.org



01785 813407

Kibblestone International Scout Camp, Oulton, Stone, Staffordshire ST15 8UJ



The volunteers at Glasgow 77th Scout Group were delighted to receive the award



REAL HEROES

The winners of Royal Bank of Scotland's 'Finding Scotland's Real Heroes' Awards have been selected and we're delighted to announce that the public voted Glasgow 77th Scout Group as the winners!

The award pays tribute to people in Scotland who work hard to improve their communities.

Mairi and Andrew (pictured on the

right) are part of a team of over 60 young people who volunteer as carers for Scouts with physical disabilities and life-limiting conditions at the 77th Scout Group.

The group attended the STV award ceremony, which was broadcast across the whole of Scotland, to receive their prize.

Mairi said, 'It was an amazing

evening. We felt very special, and it was so nice to be recognised by the judging panel for what we do.'

Andrew, who volunteers with the 77th's Scout Network for young adults with disabilities added: 'It was an enormous privilege to go along. We get a huge amount out of working with young people – they are our inspiration.'

HOSPITAL SCOUTING

There has been Scouting in hospitals for almost 100 years and the Yorkhill Hospital Scout Group, in the Royal Hospital for Sick Children, Glasgow, is just one example of this type of

Scouting heritage that has recently been revived.

This Group involves young people who think Scouting isn't for them – either because of their health or disability, or because they just haven't had the

opportunity to take part before. The Group offers activities each week; for those who can leave the ward,

they meet like an everyday Scout Group, but for those who can't leave the ward, Scouting comes to them!

The programme is a mix of the usual and the inventive, for example building the biggest bridge possible between hospital beds out of paper cups!

It also requires flexibility, designing a programme to suit young people with a range of abilities without knowing who is going to turn up each week.

Projects like this highlight that Scouting is for all and that engaging with a group of otherwise hard-to-reach young people, who can go back and join their local Group, has great value.

For a group of young people who spend all day in hospital without much to do, the chance to try something completely different, unexpected, entertaining and meaningful is an important part of what Scouting is about.



It's



k

Unity can arrange specialist insurance for all your trips and camps

We can insure your Scout trips at home or abroad, whether it's a camp in the UK or an adventure overseas. Plus you will be covered for all recognised Scouting activities.

Don't leave home without Unity's travel cover.

Call us on 0345 040 7703

www.scoutinsurance.co.uk | scouts@unityins.co.uk | [@scoutinsurance](https://twitter.com/scoutinsurance)

Unity
scout insurance services

housekeeping

Brand updates and the latest Compass progress

COMPASS IS LIVE

Compass is now live and all members of Scouting in the UK with an email address will have received an email invitation to register and set up personal log-in details for the system



If you have not yet set up a new username and password for Compass, register now and check all your details are correct. You will need your membership number and the email address we hold for you, as well as a few other personal details in order to complete your registration.

You can find your membership number on your appointment card (we also remind you of this in your registration email invitation), or you can ask your local managers/appointment secretary to help you. Your log-in details used for the old membership system will no longer work.

Register now by heading to the Members area of scouts.org.uk and click on the Compass button in the top right corner.

Youth members and their parents

Counties/Areas/Regions (Scotland) have been arranging local plans for getting all youth information onto Compass. There are template spreadsheets provided for you to enter your youth information into, which means you can upload them onto Compass in one go. All young people need to be on Compass by the time we run the 2015 census from Compass. Speak to your Compass Champion or local Commissioner if you are unsure what is happening locally and want to find out more about getting your young people on Compass.

Scouting tasks and administration. Visit scouts.org.uk/compass to view user guides, ask questions via the user forum and watch the Compass video (also featured below), which provides more information about what Compass can help you do. If you have any questions and queries you can contact your local Compass champions (their details can be found on the 'About' page of scouts.org.uk/compass) or contact the Scout Information Centre (info.centre@scouts.org.uk or 020 8433 7100/0845 300 1818).

Support for using Compass

We hope many of you have already been using Compass to manage your



Your questions answered

Q How do I get to the log-in/registration page for Compass?

A To access the log-in/registration page for Compass, please go online to scouts.org.uk and click on the Members Area button and follow the instructions printed there.

Q Why do I need to use Compass?

A Policy, Organisation and Rules requires that all member data must be stored on Compass. It will enable the annual census to be undertaken and can be used by Group,

District, County/Area/Region and nationally to look at trends, and to identify areas for development. It has been developed to make Scout admin easier to manage. It has also been developed to help you keep your Scout records and data safe, and is compliant with the Data Protection Act.

ADVENTURE ALTERNATIVE

The Responsible Adventure Travel Company

AFRICAMP - KENYA

Join a three week expedition of a lifetime across Kenya, running a Scout Camp with Kenyan Scouts and working on relevant, hands-on projects developed by our charity in Kenya, Moving Mountains. Complete the trip with a trek to the summit of Mount Kenya, Africa's second highest trekking peak as well as an overland safari to experience more of Kenya's diverse culture and abundant wildlife.



Adventure Alternative is an Approved Activity Provider for the DofE and are independently assessed and conform to British Standard 8848 for expeditions and adventurous activities outside the UK.

Join advertised dates or tailor make your own expedition with our experienced staff.

"This is simply the trip of a lifetime"

- Jodie McAneaney, 1st Coleraine Explorer Scout Leader

T: 028 708 31258

E: OFFICE@ADVENTUREALTERNATIVE.COM

WWW.ADVENTUREALTERNATIVE.COM



Best For Poverty Reduction Winner of the World Responsible Tourism Awards 2014

PHASELS WOOD ACTIVITY CENTRE

There's so much to do...



HERTFORDSHIRE

WOODLAND GLADES OR MEADOW CAMPING

CHOICE OF LODGES TO SUIT ALL GROUP SIZES

OVER 30 ACTIVITIES ON SITE TO CHOOSE FROM

CATERED AND TENTED PACKAGES AVAILABLE

EVENT FIELDS FOR DISTRICT/COUNTY CAMPS

MOBILE ACTIVITIES BROUGHT TO YOUR EVENT

Contact us - Tel: 01442 252851

Email: info@phaselswood.org.uk

Web: www.phaselswood.org.uk



MOBILE ACTIVITIES BROUGHT DIRECT TO YOU!

A HASSLE-FREE DAY BROUGHT
TO YOU TO FIT YOUR BUDGET!



- Exciting indoor & outdoor activities
- Encourages personal development
- Strengthens teamwork
- Multi-activities available
- NGB qualified staff
- Fully insured
- Risk assessed

For our best price quote @COUT01

0845 409 1303

www.highlineadventure.co.uk
info@highlineadventure.co.uk

FOLLOW US

CLIMBING WALLS, HALF PIPES, SKATE PARKS, SEGWAYS, MINI FENCING,
CANYONS, TEAM BUILDING, ARCHERY, BOUNCY CASTLES & MUCH MORE!

**ULTIMATE
ADVENTURES**



scouts.org.uk/sac

SCOUT ACTIVITY CENTRES

Making adventure easy with:

- fun activity days
- camping and indoor lodges
- training courses and events

ULTIMATE ADVENTURES

We make it easy to experience
adventure like never before.

Exciting off-site expeditions include:

- crag climbing
- hillwalking
- sailing and much more



Blipp here to see the
Scout Activity Centre
adventure unfold

sac@scouts.org.uk
scouts.org.uk/sac
T: 0845 300 2549



@ScoutCentres



/ScoutActivityCentres

SCOUT 
Activity Centres



© 2014 The Scout Association. All rights reserved. Scout Activity Centres are a registered trademark of The Scout Association.

what's on

Dates for your 2015 diary

January



9-11 JAN

Wintercamp

This exhilarating weekend at Gilwell Park and Hawkhurst Activity Centres will see Guides, Rangers, Scouts and Explorer Scouts trying their hands at a range of amazing activities. Head to wintercamp.org.uk for more information.

16-18 JAN

Brass Monkey Camp

Brass Monkey 2015 is an extreme winter camp held at Fordell Firs National Activity Centre, packed with a variety of fun and adventurous activities. Email warden@fordellfirs.org.uk for further info.



25 JAN

Burns' Night

Teach your Scouts about legendary 'bard' Robert Burns, his poetry and his contribution to Scottish culture. Share his most famous piece, Auld Lang Syne, and ask them to pen their own poems.

February



14 FEB

Valentine's Day

Celebrate this romantic holiday by making cards with your Group. And why not reinstate the Scout Post for this special day?



17 FEB



Shrove Tuesday

Many Christians observe this day as the last day before Lent, but everyone can use today as an opportunity to celebrate a love of pancakes! Whether you like them thin or fat, sweet or savoury, break out your frying pan and give them a go.

19 FEB

Chinese New Year

Also known as the Spring Festival or the Lunar New Year, encourage your Group to find out more about this Chinese holiday with the activities at scouts.org.uk/pol.



21-22 FEB

Scouts Speak Up Scotland

This course gives Scotland's Explorer Scouts media and public-speaking skills so they can act as spokespeople for the organisation. Email shq@scouts.scot for more info.



22 FEB

Founder's Day

Happy birthday, B-P! If the father of Scouting were still alive today, he'd be a whopping 158 years old! Celebrate this special day by reflecting on the origins of Scouting and what our Movement brings to the world. Tweet your messages using [#myscouthero](https://twitter.com/myscouthero).



Further ahead

Endurance 80

7-8 March

Fancy embarking on a 50-mile hike? How about doing it across the Chilterns in just 24 hours? Explorers, Scout Network and adult volunteers are eligible to take part in the ultimate extreme stroll. Find out more at endurance80.org.uk.



International Women's Day

8 March

Get involved in raising awareness about women's rights and gender inequality around the world. Pay a visit to internationalwomensday.com for events, resources and International Women's Day news.

Camp Craft Practical Skills course

18/19 April and 9/10 May

Network members and adults can master useful camp skills on this great course at Woodhouse Park SAC on 18/19 April and Downe SAC on 9/10 May. To book your place, send an email to sac@scouts.org.uk.



Picture: Thinkstock

Big ideas for inquisitive kids!



AQUILA is an inspiring magazine for creative kids who are always asking questions.

With challenging puzzles and experiments to do at home, there's no need for them to be bored ever again!

- **Monthly topic with science in every issue**
- **Boosts reading & writing**
- **History & general knowledge**



**Ideal for smart
8 - 12 year-olds**



**Order
now
for
Xmas!**

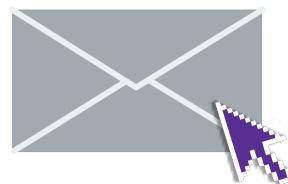
AQUILA makes a great GIFT!

We can post with your gift message to arrive for Christmas. For detailed information about this service visit: www.aquila.co.uk or call **01323 431313**



December/January 2015

mailbox

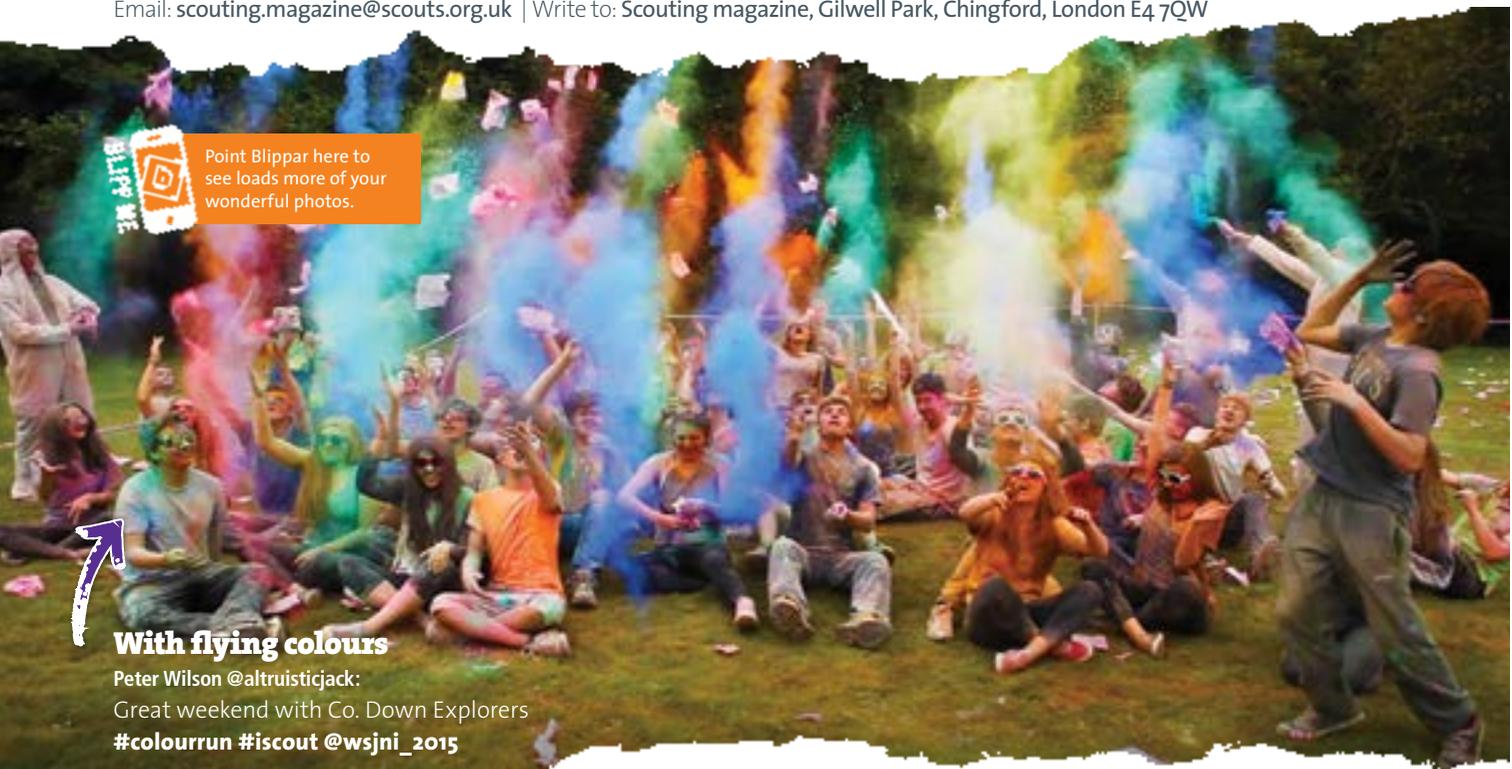


@UKScouting | f scouts.org.uk/facebook | You Tube scouts.org.uk/TV

Email: scouting.magazine@scouts.org.uk | Write to: Scouting magazine, Gilwell Park, Chingford, London E4 7QW



Point Blipper here to see loads more of your wonderful photos.



With flying colours

Peter Wilson @altruisticjack:

Great weekend with Co. Down Explorers

#colourrun #iscout #wsjni_2015

f **Majo Rivas Vera:** I believe that my feminism is inextricably linked to me being a Scout. When we say that we want to create a better world we must create a better world for everyone: men and women and people of all genders, races, religions and abilities. A Movement that is not inclusive and does not actively promote gender equality cannot be called a Scout Movement.

t **@3rdwashscouts:** We're **#superproud** of all our young people receiving their Chief Scout Award **@durhamscouts #iscout**

f **Natalie Weatherstone:** I was an Assistant Cub Leader for several years. I left to have a baby thinking I wouldn't go back. No matter what,

3rd Washington Scouts celebrate receiving their Chief Scout Awards

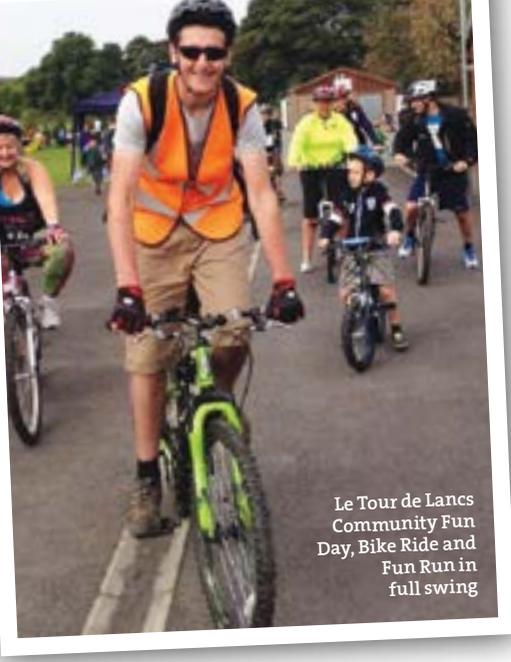


I always thought of Scouting. Now, nearly six years later, I've returned as an Assistant Beaver Leader. So yes, once a Scout, always a Scout.

f **Alex Peatfield** When I was at uni, I found a local Group who were very welcoming, supportive and it led to four fantastic years of fun and adventure with them. Made great friends young and old and the best part is I'm still in contact with them now after graduating and moving back home! My advice when heading off to uni is GO FOR IT! You never know what you might find!

e **Claire Rothwell:** 1st Clayton le Moors All Saints Scout Group hosted Le Tour de Lancs Community Fun Day, Bike Ride and Fun Run on 14 September.





Le Tour de Lancs Community Fun Day, Bike Ride and Fun Run in full swing

 **Sarah Snell-Pym:** I saw your recent call out on Twitter asking what inclusivity means to Scouting members and this is what it means to me:

Inclusivity is not judging
 It is finding a way
 Sharing and caring
 About the adventure
 Knowing that no one
 Is left behind
 It is experiences made
 A hand extended
 Calling to those ignored
 Opening doors that have been
 Locked too long
 Seeing how hope can build
 Self esteem
 In you, me, us and them
 It is seeing that there is only
 A 'we'
 Giving back
 A thousand fold
 It is what should always
 Have been
 For everyone
 A Builder of bridges
 Cementing those dreams
 Inclusivity Includes

Approximately 100 people took part in the four bike rides (15km, 9km and 2 x 5km) and fun run on the day, with many more enjoying the fun day with bouncy castles, bouncy boxing, archery and various stalls. The total raised by the event is currently £1,700, but we are expecting more to come in. Money raised from the event is to be split three ways, with a third going to fund a defibrillator for the community of Clayton le Moors, a third to Derian House Children's Hospice and a third to All Saints Scout Group.

OVERHEARD

The funny things Scouts say

- 'Where do all the lost scarves go?'
Jack Abrey
- 'Will my torch still work if the generator is switched off?'
Lel Watson
- 'Does chocolate milk come from brown cows?'
David Powell
- 'What would happen if I brushed my teeth continuously for 60 minutes?'
Daniel Mercer



Tweet us using **#overheardscouts**, get in touch via Facebook or email to tell us what you've overheard.



★ STAR LETTER Beaver in training

You are never too young to Scout. These pictures are of our six-week-old daughter, Amelia, modelling the 'Beaver in training' hoodie and a special dress made by one of my Beaver parents at 56th Upton to match our neckerchief. She also has a special necker that has been adapted to fit her.

Claire Baxter



WRITE IN TO WIN

Our **★ STAR LETTER** writer wins a copy of the Outdoor Adventure Manual: Essential Scouting Skills for the Great Outdoors. Available from scouts.org.uk/shop at a special price of £14 (RRP £21.99).



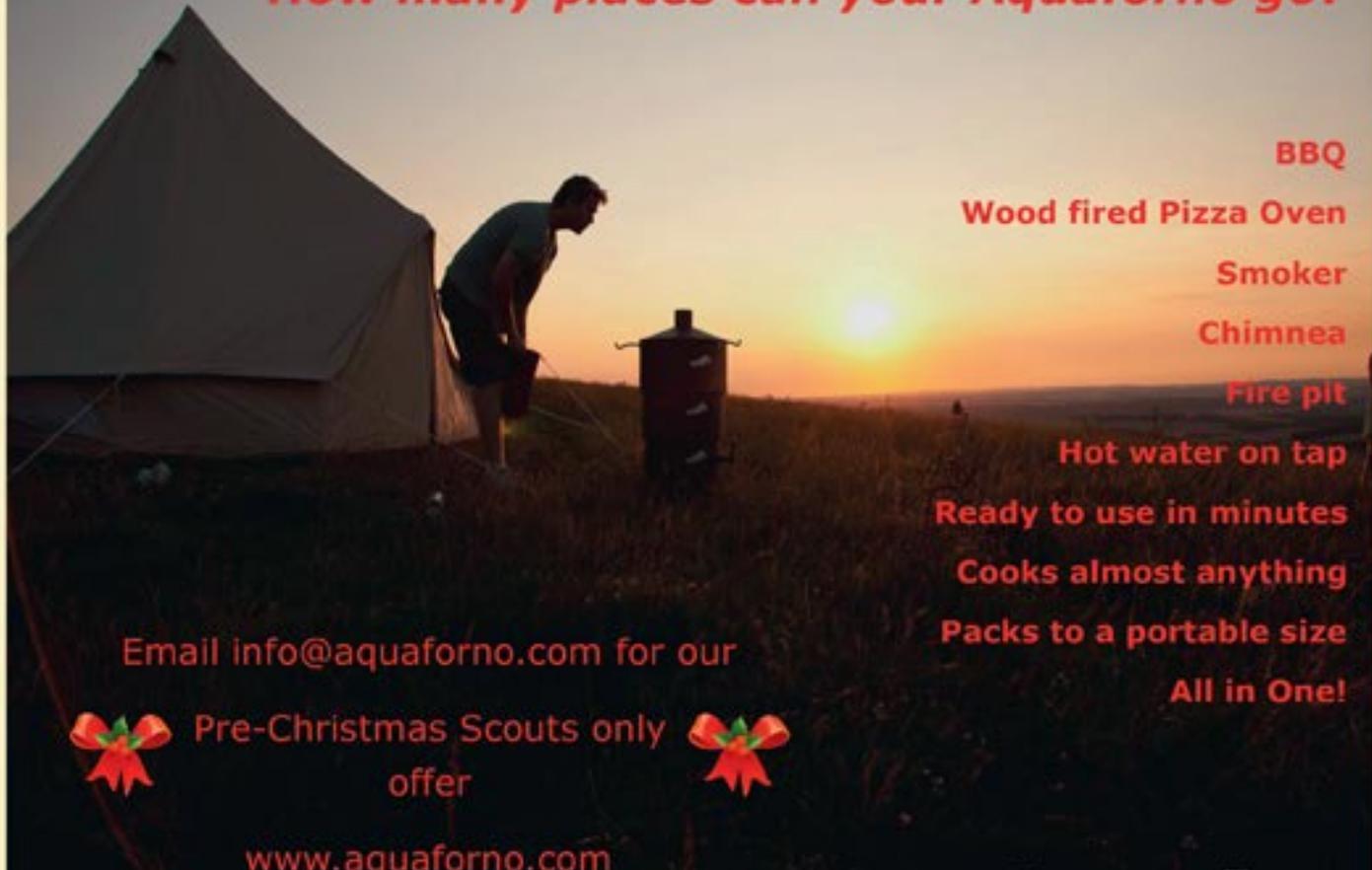


Made in Britain



How many things can your Aquaforno do?

How many places can your Aquaforno go?



BBQ

Wood fired Pizza Oven

Smoker

Chimney

Fire pit

Hot water on tap

Ready to use in minutes

Cooks almost anything

Packs to a portable size

All in One!

Email info@aquaforno.com for our



Pre-Christmas Scouts only offer



www.aquaforno.com

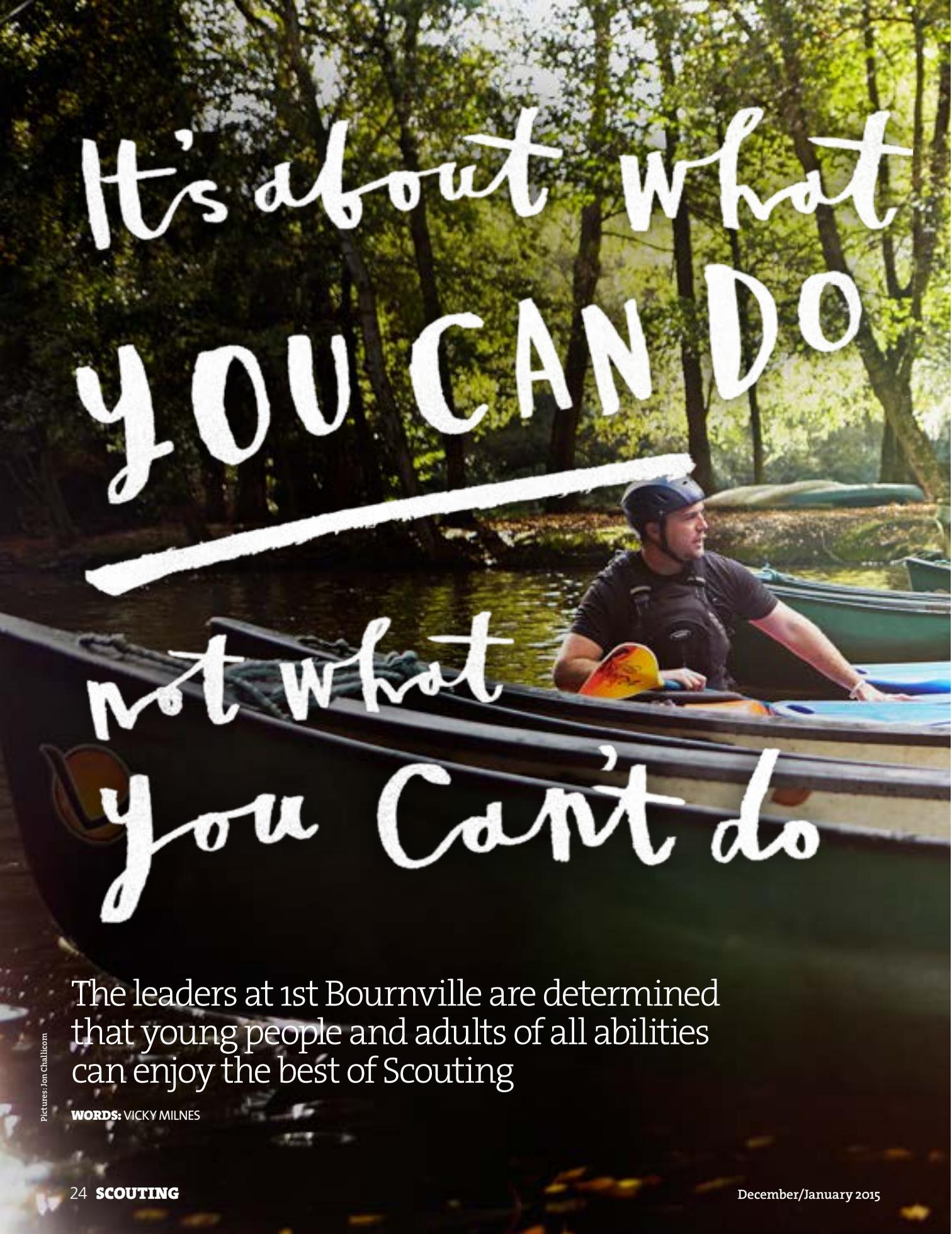


The amazing all in one portable outdoor cooking stove with a unique integral water boiler

www.aquaforno.com

info@aquaforno.com

Tel: 0118 904 377

A man wearing a black helmet and a dark life vest is kayaking on a river. The river is surrounded by lush green trees, and the water reflects the surrounding foliage. The man is looking towards the right side of the frame. The text is overlaid on the image in a white, handwritten-style font.

It's about what
YOU CAN DO

not what
you Can't do

The leaders at 1st Bournville are determined that young people and adults of all abilities can enjoy the best of Scouting

Pictures: Jon Challicom

WORDS: VICKY MILNES



REAL TROOPERS 1ST BOURNVILLE

Members: 40 Beavers, 24 Cubs, 35 Scouts, 20 Explorers, 14 leaders, 2 Section Assistants and 1 Group Scout Leader.

Did you know?

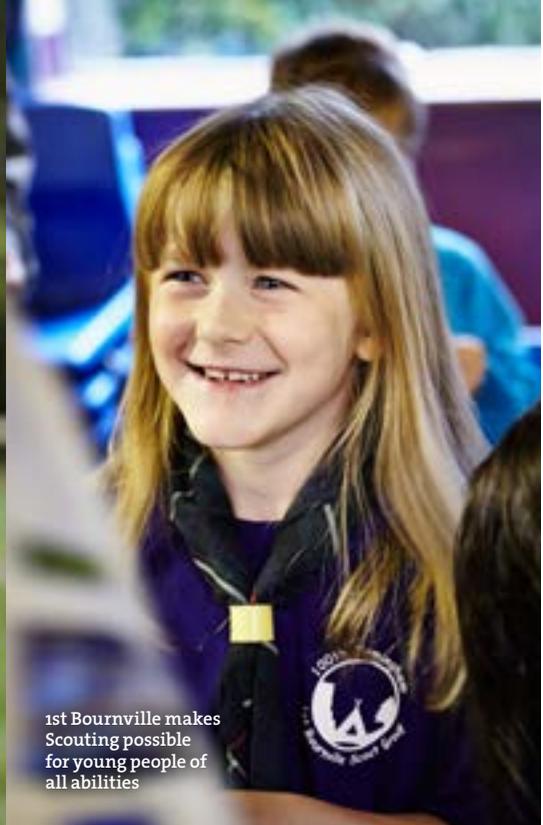
The Group celebrated its centenary in 2013.



Do you struggle to read?

Or know someone that does? Blipp here or visit [soundcloud.com/ukscouts](https://www.soundcloud.com/ukscouts) to listen to an audio version of the feature.





1st Bournville makes Scouting possible for young people of all abilities

‘Coming to Beavers has made an amazing difference to Chloe,’ says her carer and special guardian, Lisa. Chloe, 7, had a traumatic start in life and has emotional, psychological and behavioural difficulties. The benefits of Scouting at 1st Bournville, near Birmingham, have been huge for her: ‘Before coming to Beavers, Chloe found it hard to trust adults. She’s learnt to feel safe around adults here. She used to have problems interacting with other children,

but at Beavers she’s got used to socialising and has made some really good friends,’ says Lisa.

Chloe now loves hiking, camping and rock climbing. She took part in lots of adventurous activities at the Group’s weekend camp in Walsall, with Lisa coming along to provide support for her.

Chloe’s positive experiences are down to the Group’s welcoming ethos. Lisa recalls how the leaders responded when Chloe joined just over a year ago: ‘She was still in nappies at the age of six but they

accommodated her. They’ve taken on board everything I explained about her background. They’ve made adaptations to activities so she can take part – absolutely nothing is too much trouble for them.’

Unique opportunities

At the heart of 1st Bournville is a commitment to inclusion. The Group welcomes young people and leaders with a range of additional needs and none. Group Scout Leader Ruth Tanner explains: ‘I believe that Scouting is for all. My own three children have additional needs so over the years I’ve had to find information and support. It’s been a learning curve, but it’s so important that Scouting includes everyone. For a lot of young people with additional needs, this is the only social group they have access to. They get the opportunity to try activities they wouldn’t elsewhere, and Group camp is a great chance for them to do this.’

Ruth and the leaders make it work in a number of ways. With the County’s support, they have developed a buddy scheme. This is when a leader is assigned to support





Meet 1st Bournville's Explorer Scouts by Blipping here.



'People are really friendly and everybody just accepts people for who they are.'

MARTHA, EXPLORER SCOUT

a young person with additional needs and help them with activities. At camp, the Group's leaders worked with the activity centre staff to support the young people from all sections to try climbing and kayaking. The Group also has a special approach for when the young people move between sections. Ruth explains: 'If they have additional needs they might not be ready to move sections at the usual age. We make the transition smoother by letting them spend time in their own section and the one above. Their buddy will support them through this and they will move up to the next section when they're ready.'

Accepting everyone

Mary is a leader in the Beaver and Scout sections. When she first joined the Group six years ago, she was a

buddy to an 11-year-old Scout with Asperger syndrome: 'He was really struggling with socialising and playing games. We built a bond over our shared interests in sci-fi. If the activities got too much for him, we'd take a break and have a chat about Star Wars. When he moved up to Explorers, I went to his first meeting to see how he was getting on. He'd settled in perfectly and I was a bit sad that I wasn't needed any more!'

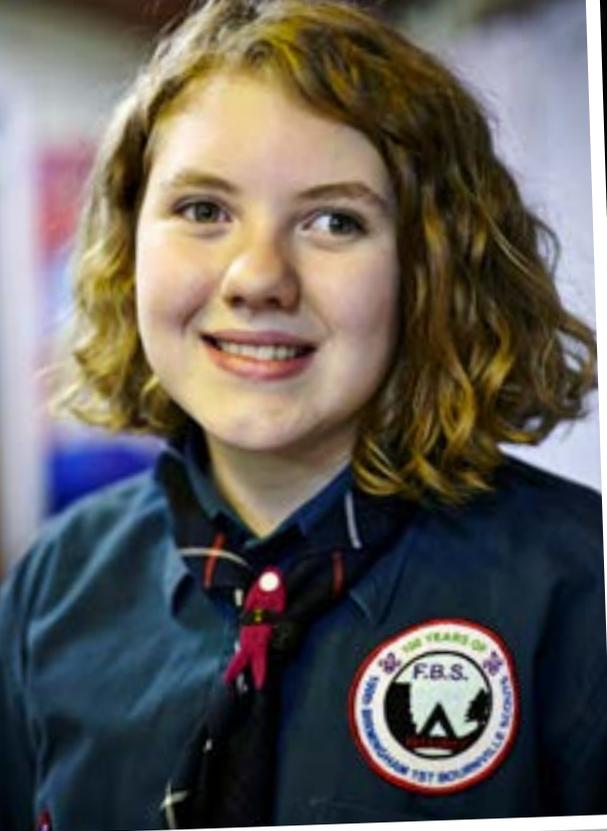
The leaders are clearly inspired by Ruth's approach, as Mary explains: 'Ruth is the driving force in making 1st Bournville what it is. She's passionate about accepting everyone into the Group and she encourages us to do the same.'

It's this dedication that has resulted in the Group's young people learning to accept and welcome

their peers with additional needs. Ruth talks about a Cub with Down's syndrome, who attended the Group a couple of years ago: 'The other children didn't bat an eyelid, because they were so used to children with additional needs. They all learnt to sign their promise in Makaton. They did that every week so that he could join in and feel part of the Group.'

Similarly, at the Group camp, the young people were keen to help each other tackle the activities. There was a warm, welcoming atmosphere with everyone encouraged to join in, whatever their age or ability. Parents of the Beaver Scouts later praised





1st Bournville offers a fully supportive environment so that all their Scouts can achieve their goals

Blipp here to see behind the scenes at 1st Bournville.

‘They don’t let additional needs stop a young person from taking part and achieving.’

SHIRLEY, SCOUT MUM

✦ the Explorer Scouts for helping their children to take part at camp.

Martha, 16, is an Explorer Scout with epilepsy. She takes a break from an energetic game to explain how 1st Bournville has made an impact on her: ‘The leaders make sure I can do as many things as possible, like climbing and water sports. People are really friendly and everybody just accepts people for who they are.’

Holly is a 12-year-old Scout with a visual impairment. She has had an equally positive experience with the Group: ‘They really support me here. If we’re doing map skills, a leader will come and help me read the map and use the compass so I don’t feel excluded.’ Her mum Shirley agrees: ‘Here it’s about what you can do, not what you can’t do. They don’t let additional needs stop a young person from taking part and achieving.’

Strong support

As a truly inclusive Group, 1st Bournville also has leaders with additional needs. Young Leader Ben, 17, has found that the Group is very welcoming: ‘I have dyspraxia so in a noisy environment I might not hear certain things. Sometimes instructions need repeating. So if we’re doing a high ropes exercise, they will show me how to do it, then they show the others and if I need more prompting they will show me again. There’s always someone on hand to help out.’ Ruth explains how she will be soon working with a Cub Section Assistant who has additional needs: ‘We’ll make sure that he’s able to use his talents but we’ll support the areas where he needs extra help.’

It can be a challenge to include young people and adult volunteers with additional needs, but there is

a lot of support out there. ‘Don’t be scared and don’t be worried,’ Ruth says. ‘Parents are a good source of information. UKHQ can provide support and signpost organisations. Open up Scouting to as many young people as you can!’ For Ruth, and all the young people and adult volunteers at 1st Bournville, this is just the way Scouting should be. ☺

More info

Check out scouts.org.uk/diversity for details on how to support young people with additional needs. There is information on a range of conditions in the additional needs directory. Contact the Diversity and Inclusion team at UKHQ for guidance at diversity.inclusion@scouts.org.uk. Find out more about the language programme Makaton at scouts.org.uk/makaton. There are grants available towards the cost of equipment to support members with additional needs to access Scouting. Contact dgb@scouts.org.uk for more information.



The North Face
E-Tip Glove £30



Yaktrax Walker £15



Petzl Tikka+ Torch
£45

GIFTS FOR EXTRAORDINARY AND EVERYDAY ADVENTURES

Men's Berghaus
Thirlmere Fleece
RRP £45 OUR PRICE £25

MAKE CHRISTMAS EASY
WITH COTSWOLD OUTDOOR



Rab® Microlight
Alpine Jacket

£180

We have a gift for every kind of adventure at Cotswold Outdoor, from jackets that repel the rain, gloves that keep fingers toasty on freezing days, and GoPro cameras for cherishing the best moments.



Extrem Red

Jet Black

Intense Blue

RRP £45
OUR PRICE
£25

CLICK & COLLECT ONLINE MOBILE

HOME DELIVERY IN STORE

FREE DELIVERY ON ORDERS OVER £30
ORDER BY 21ST DECEMBER FOR CHRISTMAS DELIVERY



Lifeventure Vacuum
Flask 500 £15

STORES NATIONWIDE
COTSWOLDOUTDOOR.COM



Go on a Farm to Fork Trail

Farm to Fork

Part of the
TESCO
Eat Happy Project

Tesco is helping Scouts learn all about food with its fun and free excursions

Suitable for **Beavers and Cubs+**

Tesco launched its Farm to Fork trails for Beavers and Cubs in the last issue of Scouting magazine. Since then we've seen hundreds of Groups sign up for their chance to secure a slot next year.

Trails are available from January and are free and fun, as well as being an exciting way to learn about where food comes from. There are lots of things to do on the trail, including tasting new cheeses, smelling new fish and going behind the scenes to feel the chill of the freezers. It's guaranteed to be an exciting session away from the meeting place.

All Tesco Extras and Superstores are supporting the initiative that has already seen hundreds of thousands of school children take part in a Farm to Fork Trail. Together we have now tailored the experience to Scouting, so make sure you get online and contact your local store to arrange a visit.

More info

Tesco is also offering the Farm to Fork Badge for Beavers and Cubs that get involved. To find out more visit scouts.org.uk/eathappyproject.



Dyslexia-friendly
font

What does being inclusive mean to you?

We spoke to volunteers all over the UK about how we are ensuring Scouting is available to all and how we can be even better at being a fully-inclusive Movement



Do you struggle to read?

Or know someone that does? Blipp here or visit [soundcloud.com/ukscouts](https://www.soundcloud.com/ukscouts) to listen to an audio version of the feature.





 **Watch a video**
Blipp here to see Ridgewood Scout Group in action.



‘It’s about bringing everyone together’

Kate Reld, Regional Development Officer for the North West, tells us about making sure Scouting is available for all young people, no matter what their abilities.

‘Ridgewood Scout Group was set up in an additional needs high school in Burnley

as part of the Youth United project. We decided it would be a good idea to test this in a school – we piloted a Group as part of their enrichment programme, which is about providing opportunities within the curriculum that will help with their studies, but aren’t necessarily a traditional form of learning – Scouting fulfils this.

‘To see young people from all backgrounds get involved and have the chance to Scout is amazing. You can see

how much they benefit from it. We have a responsibility to open our doors and make sure Scouting is for everybody.

‘There are 150–200 children in the school and we’ve set up a Scout Troop of 17. They don’t wear traditional uniform – they wear T-shirts and neckers. They have all been properly invested and are working towards various badges. The school is up for trying anything; you have children in wheelchairs, young people who can’t speak, and children with behavioural difficulties – they just get on with it.





Photos of Ridgewood Scout Group by Rebecca Lupton

‘Making sure Scouting is available to all’

Jenny Steven, Regional Commissioner for Highlands and Islands, helped bring the adventure to isolated communities.



‘There are only six children on the Isle of Muck and five of them are now in the Movement, but there are certainly challenges in bringing Scouting to such a remote location. Up until last year they didn’t have mains electricity and money is scarce as the only income is tourism. But it’s crucial to make sure that Scouting is available to all.’

‘This project is about integration; we’ve already attached some of the children to a local Group and they go along for the occasional afternoon or to camp. Initially we set up a separate Group, but we also wanted to bring everyone together, which I think is what being inclusive is all about. It’s one of the most rewarding projects I’ve been involved in.

‘My advice would be don’t be afraid of trying new projects like this. Find the right people to help. Give it a go – if it doesn’t work, it doesn’t work, but at least



'Being as diverse as our communities'

Graham Rothery, District Commissioner for Burton-upon-Trent, helped Scouts meet the needs of the local Polish community.

'A community of Polish and Latvian families has grown in our area and there are now Polish young people that want to be part of Scouting, but there are challenges. We had 18 young people that didn't speak English; one bilingual Scout had to translate as there weren't Polish-speaking adults in the Group. We'd like adults from the Polish community to help us run the Programme, rather than just bridge the language barrier. The reality is we are the community and the community is us.'

'Being inclusive is making sure that Scouting is accessible to all, ensuring that both the young people and adults within a Group have an understanding that 'it is okay to be different'. It is also about creating opportunities for fun, challenge and excitement in a safe and open environment where everyone is valued for who they are and the skills they bring.'

Graham Coulson,
Specialist Adviser



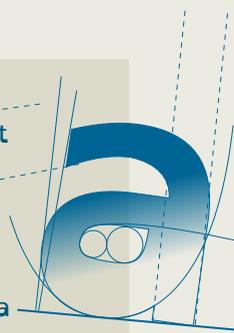
'I'm a Beaver leader and I try and make my programme as flexible as possible so that boys and girls, the confident and not so, and the few I have with learning difficulties can all achieve the same badges so no-one is left out. I also encourage parents to talk to me as much as possible.'

Amy O'Keefe

Accessible design

This feature takes into account the visual stress experienced by some dyslexic people and attempts to facilitate ease of reading by...

- Using dark-coloured text on a light (not white) background.
- Avoiding white backgrounds for paper, computer and visual aids. White can appear too dazzling. Use cream or a soft pastel colour. Some dyslexic people will have their own colour preference.
- Font size should be 12–14 point.
- Avoiding text in block capitals.
- Using left-justified with ragged right edge.
- Avoiding green and red/pink as these are difficult for colour-blind individuals.
- Using a dyslexia-friendly font. You can download this font free from opendyslexic.org.



'Helping all Scouts feel the same'

Kerle Wallace, District Commissioner, New Forest North District Scouts, ensured one of his Explorers achieved the Chief Scout's Award despite being in a wheelchair.

'Joe was born with Congenital Talipes, which means he can occasionally function out of a wheelchair, but it's very painful. He's been in and out of hospital all his life and has had about 20 operations.

'He's come up through all the sections, taking part in as many activities as possible, but there have been occasions when we've faced difficulties. The same applied to his Chief Scout's Expedition – it seemed unlikely it would actually happen – but this time it did.

'Despite some unexpected environmental challenges, Joe completed the Chief Scout's Award with the rest of his Group and he was over the moon. You've got to think beyond what you normally do. You need to make all Scouts feel like they're the same as others in the Group – they're just like everyone else.'

'Inclusive Scouting means that everyone has the opportunity to join in no matter what their difference may be. It means that we need to understand what our responsibilities are in creating open and inclusive Scouting. It means that we have an organisation that meets the needs of all individuals and that every person is valued.'

Sharn Race,
Specialist Adviser



'Ensuring anyone can participate'

Pippa, a Scout Network member tells us how Scouting helped her coming-out experience.

'I've been a part of the Scout Movement since I was 14 and openly bisexual within Scouting since I was 16. Being inclusive means that anyone can participate regardless of where they grew up, the colour of their skin or their sexuality or gender identity; they are welcome without judgement or question.

'My experience with Scouting has been so positive that I can't imagine it being better. I think when I was younger it would have been nice to know about FLAGS (Fellowship of Lesbians and Gays in Scouting) and maybe even have something that helps younger people within Scouting.'

More info

Let us know what being inclusive means to you and your Group by commenting on our Facebook page.



Pictures: Frank Murray



Do you struggle to read?

Or know someone that does? Blipp here or visit soundcloud.com/ukscouts to listen to an audio version of the feature.





AROUND THE WORLD

ADVENTURE FOR ALL

Michael Shanks, Group Scout Leader at Glasgow Disabled Scouts, tells us how he organised a fun-packed fortnight in the Netherlands

INTERNATIONAL SCOUTING

Our expedition to the Netherlands in 2013 was the first such trip for more than 20 years. We felt that the time was right to organise a trip abroad and we also wanted to mark the Group's 80th anniversary with something great. It was quite a big operation – involving 40 youngsters (aged 12–25) with physical disabilities (including about 30 in wheelchairs), 60 volunteer helpers (Explorer Scouts, mostly Young Leaders) and leaders.

Choosing and researching the destination

We decided on the Netherlands because Scouting is very popular there. It's also very accessible for people with disabilities. The landscape is fairly flat, which is good for wheelchairs. It took about three years to plan the trip and raise funds for it.

Through Facebook, we made connections with Scout Leaders in the Netherlands who helped us a lot with the planning and logistics. We had to check all kinds of things such as the door widths and the toilet facilities for anywhere we planned to visit. A group of four leaders went across to the Netherlands to check the accommodation and activities and they made initial bookings.

'We decided on the Netherlands because Scouting is very popular there. It's also very accessible for people with disabilities.'

The logistics were the biggest challenge. We took a lot of our minibuses with us, but we needed to borrow some more when we were there. We found that people were very willing to accommodate us. We took the overnight ferry from Hull, which worked really well. P&O Ferries were great and very helpful.

Planning the support and fundraising

We had to raise about £100,000 to fund the trip. Everybody paid a fee to go, but that didn't come close to covering the cost of the trip. We visited all the young people at home and spoke to their parents and carers to get information about their additional needs. Some of the young people have severe epilepsy, or feeding tubes into their stomachs.

At our Group's regular meetings, Explorer Scouts support the young people one-to-one. The young people spend all their lives being looked after by adults. Here, the young people are supported by someone not much older

than themselves, so there's a more natural connection there.

Finding great facilities and meeting local Scouts

During the first week we all camped at Scoutcentrum Zeeland, a place by the coast in the south of the Netherlands. We had campfires with the local Scouts (including Scouts with disabilities) and had a good sing-song. There was a wheelchair-friendly beach nearby, which was brilliant. There are boards underneath the beach and a layer of sand. The vast majority of the young people had never been on a beach before so this was a real highlight of their trip. We did quite a lot of swimming – an outdoor swimming pool was quite a novel thing for us coming from Scotland.

The second week we stayed in indoor accommodation at Scoutcentrum Buitenzorg near Amsterdam. The young people took the train into Amsterdam for the day and went sightseeing. In a lot of



Michael's Top Tip

It's important for leaders to ask for help and advice, either from their local adviser or Assistant Commissioner for special needs or inclusion, or from UKHQ. Leaders can assume it's going to be too difficult to take a young person with disabilities on a trip, and they don't realise that it's achievable. Find out more about how Glasgow Disabled Scouts achieved it here: glasgowdisabledscouts.org/2013-holland.





“Taking young people with disabilities abroad takes more planning, but the rewards definitely make it worthwhile” says Michael



This trip gave young people with disabilities the chance to be supported by someone nearer their own age



Scout Groups when they go on camp, they have an hour of free time here and there. Due to the young people's disabilities, that wasn't really possible on our trip. We had a full programme all day, every day.

We went to Efteling, which is the largest theme park in the Netherlands. We visited beforehand to check whether it would be suitable and asked how many of the rides were wheelchair accessible. They surprised us when they said, 'All of them!' Going upside down on a

rollercoaster was a new experience for a lot of our young people.

A fantastic trip for all

Scouting is all about giving young people opportunities. While taking young people with additional needs abroad might make planning more difficult, it's definitely worthwhile! Many of the young people had never been abroad before. Sometimes their parents didn't have the means to take them on holiday overseas. It's great to see the excitement on a child's face when they're presenting their passport. I think the young people got so much out of it and it was a brilliant life experience for them. It also meant that their parents and carers got a valuable respite from care, when they might not have had a break for years.

Our Group is aiming to go abroad every five years. Organising the trip to the Netherlands really strengthened our leadership team as we were working towards this goal for three years. The trip was such a success and we're really excited about planning the next one! ☺

First steps

Arrange a meeting with the young person's parent/carer to find out about the young person's needs and plan accordingly, making any reasonable adjustments.

Check out Member Resources at scouts.org.uk for details on accessibility and additional needs, including information about Nights Away for Scouts with additional needs.

Contact the Diversity and Inclusion team at HQ for guidance. You can email the team at diversity.inclusion@scouts.org.uk.

Remember that there are grants available towards the cost of supporting adults or young people with disabilities to access events. Contact dgb@scouts.org.uk for more information.

There is also a Headquarters International Fund to enable adults and young people in hardship to take part in international trips. Find out more at bit.ly/1nAuyqZ.

Finally, contact your County to obtain a Visits Abroad pack.

Insurance **Unity**

Scouts with disabilities or special medical conditions need specialist cover to ensure suitable protection on overseas trips. Unity (Scout Insurance Services) has developed travel insurance specifically for Scouting. Under this policy, a Scout with a disability or a medical condition would be covered if their doctor confirms they are fit to travel. For information, call Unity on 0345 040 7703.

Admiral **YOUNG DRIVER**

**11-17 YEARS OLD?
LEARN TO DRIVE
WITH US
From £24.99!**



**Book now:
youngdriver.eu
0844 371 9010**

33
Mileage
nationwide

**GIFT
VOUCHERS
AVAILABLE**

Prostate Cancer Research Centre **WELSH 3 PEAKS CHALLENGE**

Saturday 13th & Sunday 14th June 2015

It's back! The PCRC Welsh 3 Peaks Challenge gives you the opportunity to tackle the 3 most iconic mountains in Wales. On Saturday 13th June you will take on Pen Y Fan in the Brecon Beacons followed by Cadair Idris in Mid-Wales before moving on to Llanberis to tackle Snowdon on Sunday 14th June. The challenge is for teams and individuals.

Over 500 people will take part in PCRC Welsh 3 Peaks Challenge and the Snowdon500 Challenge over the weekend and we would love you to be one of them. Registration is just £45.00 and we ask you to raise £250 each.

To register or find out more go to www.snowdon500.co.uk or call Paul on 07446 534436 for an information pack.

If you would like more information about prostate cancer visit the Prostate Cancer Research Centre's website:

www.prostate-cancer-research.org.uk

For a free copy of our booklet *Beating Prostate Cancer - Questions & Answers* call 020 7840 7546 or email info@prostate-cancer-research.org.uk



Prostate Cancer Research Centre CIC
Britannia House, 7 Trinity Street
London SE1 1DR.
Reg Charity No. 1156027



The Little Books of Badge Requirements

New editions due February 2015

07788 587603
badge.books.sx@btinternet.com

The Little Books of Badge Requirements are produced under Scout Association copyright licence 0211.

HAUTBOIS ACTIVITY CENTRE

Have fun with friends, learn new skills, and discover all the outdoors has to offer on our 28 acre estate.



Stay in our 45-bed
19th Century house.



Experience the outdoors
indoors in our Yurt Village.



Camp on one of our seven
well-equipped sites.



Book one of our 28 on-site
adventurous activities.

Anglia
WE DISCOVER, WE GROW
Girlguiding

CONTACT US:
T: 01603 737357
W: WWW.HAUTBOIS.ORG.UK
E: ADMIN@HAUTBOIS.ORG.UK
A: COLTISHALL, NORWICH, NR12 7JN

NEW FOR
2014/15

CELEBRATE SPECIAL MOMENTS!

Exclusively designed for Scouts, our classical Kit Heath range is the perfect giftware for all occasions.

100%
PROFITS RETURNED
TO SCOUTING

Kit Heath Sterling Silver and Log and Axe Cufflinks

A thoughtful and perfect gift to give for Father's Day, Christmas or birthdays. Why not give or wear these elegant cufflinks to infuse a shirt sleeve with a dash of Scouting tradition.

- Sterling silver log and axe front
- Silver plated fastener
- Historical design
- Branded presentation box

Size: 2.1 x 1.3cm

Ref: 106073

£45.00



Kit Heath Fleur-de-Lis Sterling Silver Earrings

Kit Heath should be a part of every woman's jewellery collection! For a perfect addition to a daytime or classic evening look, why not try these beautifully crafted sterling silver fleur-de-lis earrings.

- Sterling silver fleur-de-lis design
- Butterfly back fastener
- Branded presentation box

Size: 0.8 x 0.8cm

Ref: 106267

£20.00



Kit Heath World Scout Emblem Silver Plated Collar Stiffeners

For the Scout who loves to keep his collars super smart. Why not add a touch of class with these beautifully designed silver plated collar stiffeners.

- Silver plated
- Embossed World Scout emblem
- World branded presentation box

Size: 6.5 x 1 x 0.3cm

Ref: 106367

£20.00



Kit Heath Sterling Silver Necklace and Earring Set

Pamper your partner and create the perfect finishing touch with this classic necklace and earring set.

- Sterling silver
- Embossed World Scout emblem
- Enamel purple coating
- World branded presentation box.

Size: Necklace pendant/full chain length: 1.2 x 1.4cm / 44cm

Earrings: 1 x 0.9cm

Ref: 106268

£45.00

Equip yourself now at scouts.org.uk/shop

Stay in touch for new products, sales, promotions and competitions:

scouts.org.uk/shop

facebook.com/ScoutShops

twitter.com/ScoutShops

pinterest.com/ScoutShopsUK

Email shop@scouts.org.uk and sign up to our newsletter

Visit your local District Scout Shop

Scout SHOPS

scouts.org.uk/shop



SCOUTING ALL OVER THE WORLD

Illustrations: Nate Kitch

With **British Scouting Overseas** (BSO), young people can continue to Scout all over the world while keeping a special connection to home; we found some BSO Scout Groups in the most unlikely places...

SWEDEN

1st Djursholm is the only BSO Group in Sweden and while the Scouts can often feel isolated, there have been many highlights since the Group started, including a visit from the Duchess of Cambridge who presented them with their Jubilee Badges.

The Group tends to run only during term times as everyone goes back to their home countries during the holidays so camps have to be fitted into the busy summer term.

Despite the language barrier, 1st Djursholm try to get out into the community, especially at Christmas, when they sell glögg (like mulled wine) and pepparkaka (ginger biscuits) at the local market.

LUXEMBOURG

The Telstar Scout Group in Luxembourg strives to get members integrating with other local Scouts while promoting international Scouting.

Meetings currently take place in St. George's International School in Luxembourg, though the Group is on the lookout for its own premises.

While their to-do list includes standard activities such as hiking and pioneering, the Group also regularly embrace the local culture. Last year was also a highlight for the Explorer Unit as they obtained three Mérite Jeunesse Luxembourg Gold Awards; the Mérite Jeunesse organisation is chaired by Prince Guillaume and endorsed by the UK Duke of Edinburgh Award.

ASCENSION ISLAND

Scouting on Ascension Island, which is located in the South Atlantic Ocean between Africa and South America, is a unique experience. Not only do the young people share their home with an oceanic active volcano, they are also neighbours with hundreds of green sea turtles, which nest on all 32 sandy beaches.

Unlike Scouts based in the UK, Ascension Island Scouts get to enjoy a warm climate all-year round, enjoying all activities outside while dressed in their customised, lightweight uniforms. They also get to do wide games halfway up a green mountain and enjoy community work by cleaning up some of the breathtaking beaches.

CZECH REPUBLIC

Two former UK leaders set up Scouting on the outskirts of Prague after discovering many British and International English-speaking schools in the area with pupils from expat families who couldn't easily join Czech Scouting.

Set up at Riverside International School, the Group welcomes young people from all nationalities and includes Scouts from the UK, the USA, Serbia, Libya and Russia. Not only is the Scout Group the only BSO Group in Prague, it's also the only one in the whole of Eastern Europe, so there's a huge catchment area to contend with!

SPAIN

With a large number of expat British children attending the local international school in Sotogrande (Andalusia), Spain, Mike, a former BSO Scout Leader in Hague, Netherlands, saw the opportunity to set up Scouting in his new hometown with his wife. The Group started in April and has already grown from six to 25 members.

'We find that the young people joining Scouting in BSO are mostly challenged by living in a 'foreign' environment,' says Mike. 'The families have often relocated due to work, which can cause additional emotional stress. We find that the young people often need extra care and support due to these factors, which we try to build into our programme.'

More information

British Scouting Overseas (BSO) has approximately 2,500 members across the globe and provides UK Scouting to UK citizens (and in some cases other nationalities) who are living overseas. Find out more about BSO and discover where Scout Groups are located all over the world by visiting britishscoutingoverseas.org.uk or heading to [Facebook/britishscoutingoverseas](https://www.facebook.com/britishscoutingoverseas).



CHINA

Based in Nanjing, a thriving industrial city in Eastern China, Nanjing 1st Scout Group meet in a transient community where families from all over the world stay for as long as their employment lasts. Despite fluctuating numbers, Scouting is alive and well for British Scouts.

Set in the grounds of the British School of Nanjing (BSN), security is a big issue for the Scout Group. But while most activities are undertaken in the guarded and gated school, the grounds are leafy and spacious, allowing plenty of opportunity for outdoor activities.

Caroline, a part-time teacher at the BSN, helps run the Scout Group: 'Many Brits work overseas and British Scouting Overseas (BSO) offers a connection to home. Scouts can be seen as a key cultural component in a child's life.'





WILD WINTER SAFARI

PARK OPEN DAILY FOR SUMMER SEASON FROM
14TH FEBRUARY 2015

LORIKEET LANDING

NEW this winter



SPRING GROVE, BEWDLEY, WORCESTERSHIRE, DY12 1LF
01299 400700 WWW.WMSP.CO.UK/GROUPS

Sail round Britain in 2015

For 2015 our yachts will circumnavigate Britain in seven 7-day stages between mid-July and the end of August. They'll visit key ports en route to Newcastle, Edinburgh and Inverness, then through the Caledonian Canal. On to Belfast, Milford Haven, Plymouth and the Solent before heading home to Ipswich.

Reserve your berth on this iconic voyage.

Adventures Offshore Sailing Trust
www.adventuresoffshore.co.uk
sailing@adventuresoffshore.co.uk
Reg Charity No 1035015



B.P. International

888 121 888 888

Managed by HOPWELL HOTELS MANAGEMENT LIMITED



Room for Single or Double Occupancy

Valid On	Scout Members * with ID (net per room per night)	Scout Members' Referral Bookings (net per room per night)
December 2014		
1-4, 7-10, 14-18, 21-23	HK\$750.00	HK\$850.00
5-6, 12-13, 19-20, 24-29	HK\$1,100.00	HK\$1,200.00
30-31	HK\$1,400.00	HK\$1,500.00
January 2015		
1-3, 12-15	HK\$1,000.00	HK\$1,100.00
4-8, 25-29	HK\$750.00	HK\$850.00
9-11, 16-24, 30-31	HK\$900.00	HK\$1,000.00

* Scout Members are requested to present Scout Identity Card upon check-in.

Buffet Breakfast: HK\$60.00 nett per person per day (December 2014)
HK\$70.00 nett per person per day (January & February 2015)

Airport Shuttle Service: HK\$100.00 nett per single trip per person (December 2014)
HK\$110.00 nett per single trip per person (January & February 2015)

(Advance reservation is required).

For information & reservation, please contact Administration Branch of Scout Association of Hong Kong.

No.8 Austin Road, Tsim Sha Tsui, Kowloon, Hong Kong
Tel: (852) 2376 1111 / Fax: (852) 2376 1333
Direct line to Reservations: (852) 2378 7611
Reservation Direct Fax: (852) 2376 1159
E-mail: enquiry@bpil.com.hk Website: www.bpil.com.hk

Agoda.com - 2014 Gold Circle Award
AsiaRooms.com - Top Rated Hotel Award 2014
Silver Award - Rakuten Travel Award 2013
Agoda.com - 2013 Gold Circle Award
TripAdvisor - Certificate of Excellence Award for the Year 2013



the knowledge

Advice and know-how to inspire and inform



VOLUNTEER IN PROFILE

‘Sometimes people just see the disability and not the person’

Michael Randle talks about how Scouting has helped him triumph over adversity

I am the District Explorer Scout Commissioner for Stourbridge as well as a Nights Away Advisor, First Aid Trainer, and I also help out with health and safety in Scouting. Just because I can't see, it doesn't mean my brain has packed up.

I try to do everything that keeps me active. I used to be a very active person, but when you lose your sight your life changes dramatically. I was sitting at work one day about 20 years ago and I had a massive headache and passed out. I had a brain clot, which totally took the sight in my right eye. I carried on with life but then the sight in my left eye started to deteriorate. A couple of years ago I went completely blind due to acute glaucoma. After numerous operations I can see light and dark but I'm registered blind; I can't see details so I can't read or watch TV. I'm still adapting and I'm still having treatment to give me the light and dark as long as they can.

During the first year of losing my sight I was really down but I've accepted it now and got used to it. It's not going to stop me Scouting! I have a talking computer so I can read

and write. I've got a big-button phone so I still organise the admin for the DofE – emails, forms, documentation – all that kind of stuff.

Some people see disability as a barrier. People are frightened. The most annoying thing is when people talk to the person standing next to me because they think I can't hear either. They'll say 'Is Mike alright?' Why not ask Mike? Sometimes people just see the disability and not the person.

The biggest challenge when I'm Scouting is that I have to be with someone. I've lost a lot of confidence but I'm okay as long as I'm with someone who I know is looking out for me. I go on expeditions and other leaders rally around to help. The kids are great – they know my issues and they work with me. We're all just keen to get on with Scouting!



Share your stories

If you have remarkable Scouting tales to tell, email us at scouting.magazine@scouts.org.uk

UNIQUE EXPERIENCES MEET EVERYDAY ADVENTURE!

De Kluis Scout Centre Belgium

Climbing, hiking, biking, canoeing, the action never stops at De Kluis! However, leave the site behind for the day, and there are unique experiences to be had. A trip to the country's capital Brussels opens up an array of cultural sights, whilst a day spent exploring the battlefields of the First World War in nearby Ypres is an experience they'll always remember – especially as the world commemorates the centenary of the Great War.

Kandersteg International Scout Centre Switzerland

Scouting is a worldwide movement and there's no better place to celebrate this than at KISC. The scout centre welcomes over 12,000 Scouts and Guides every year, with over 1,500 members on-site every week during the summer months. Go rock climbing, hiking, canyoning and river rafting, but be ready for the highlight of most members' week, the international campfire.



**PRICES START AT
JUST £209^{PP}**

so speak to our team
today to start
planning your summer
2015 adventure.



The Venture Abroad service includes:

On-site representatives • Tents and catering equipment provided • Free regional pickups.

ventureabroad.co.uk • tours@ventureabroad.co.uk • 01332 342 050

Your problems [SOLVED]

Our panel of experts answers your inclusion questions

‘I have mobility issues – how can I find holiday accommodation that will allow our family to go away together?’

Tessa Marshall, Assistant Scout Leader



Caroline Gunning, Trustee/Director of The Holiday Homes Trust and GSL 1st Appleby-in-Westmorland, Cumbria, says:

As a leader with mobility issues I know how important it is to relax away from home while sleeping under the stars! That’s why I was keen to support the Holiday Homes Trust, which provides wheelchair accessible static caravans on holiday parks around England. We recognise that family time is as important as Scouting time, so seek to keep a well-maintained fleet on family friendly parks. From the start of the new season in 2015, we will offer members of Scouting a 10% discount. Please visit holidayhomestrust.org for more information.

‘What would your top tips be for ensuring your camp is suitable for all?’

Tariq Patel, Scout Leader



Dan Woodhouse, Scout Activity Centres, says:

There are lots of ideas out there to help you make your camp programme inclusive but it’s also important to think of some of the practical aspects that will make your site suitable for your Group. Start the process by thinking about what people can do (rather than

what they can’t) and apply this to each layer of your planning. For instance, an individual with impaired mobility may be able to move unaided on flat ground but struggle on an incline. This will help to dictate which site you pitch on, as you’ll need a suitable route between there and the toilet block.

Choose equipment that will be enabling too – for example, visually impaired young people might benefit from using brightly coloured guide lines etc. The most important tip is to involve the Group in the planning process – you’ll get a whole different perspective on potential problems, and a matching set of solutions you might not have thought of.



Blipp here to watch Dan Woodhouse’s practical camping tips

‘How can I make sure our HQ is safe for people with visual impairments?’

Steven Wilson, Group Scout Leader



Michael Randle, District Explorer Scout Commissioner, says:

If it is for a specific person, the best way is to consult with them and find out their needs. These will vary depending upon the level of their sight loss. You can then make a plan of improvements for everyone’s safety. If you require further guidance contact the Safety in Scouting Coordinator in your County or at UKHQ.



WHAT DO YOU BUY THE SCOUT WHO HAS EVERYTHING?

Stuck for gift ideas? See our extensive range of fantastic and unique Scouting gifts.

100% PROFITS RETURNED TO SCOUTING



World Scout Limited Edition Sports Chronograph Men's Watch

Make every moment count with this beautifully crafted limited edition quartz chronograph sports watch from Sekonda. A perfect gift for the active man or as a special timeless treat for oneself.

- Watch face width: 42mm
- Water resistant: Up to 50m
- Movement: Analogue quartz
- Limited Edition No: 150

Ref: 105669

£99.00

World Scout Fleur-de-lis Sterling Silver Pendant Charm

For a special gift, why not give this beautifully crafted pendant charm that has been designed to be worn on a classic bracelet or chain of your choice.

- World Scout emblem
- Highly detailed finish

Ref: 105300

£20.00



World Scout Smiley Face Fun Scarf

Guaranteed to get you in a good mood wherever you are. Why not spread the happiness by giving a smiley face scarf to wear on camp or wherever the occasion takes you.

- Material: 100% polyester
- Size: 119 x 82 x 58cm
- Colours: Red, Blue, Orange, Purple, Navy, Pink

Ref: 106079

£4.50 each



World Jamboree Pin Badge Collectors Set

If you are after a real Scouting gem, then why not give a piece of history with this beautifully crafted World Jamboree metal pin badge collection?

- Includes Japan 2015 World Scout Jamboree badge
- 23 metal pin World Scout Jamboree badges
- Badges date from 1920 to 2015
- Box size: 18 x 18 x 2.5cm

Ref: 106117

£25.00

World Scout Urban 25L Daysack

For the urban Scout, why not give this as a perfect gift for travelling. Offering comfort, style and practicality this lightweight bag will make the ideal portable companion.

- Colour: Black/ Grey/Purple
- Capacity: 25 Litre
- Weight: 500g

Ref: 106089

£20.00



Equip yourself now at scouts.org.uk/shop

Stay in touch for new products, sales, promotions and competitions:

scouts.org.uk/shop

twitter.com/ScoutShops

Email shop@scouts.org.uk and sign up to our newsletter

Visit your local District Scout Shop

facebook.com/ScoutShops

pinterest.com/ScoutShopsUK

Scout SHOPS
scouts.org.uk/shop

The big issue

How can I plan festive activities that include everyone in my Group?

Helen Watson, Assistant Cub Leader



Laura Thorner, Programme and Development Adviser (Diversity and Inclusion)

Exploring different faiths and beliefs is an important part of Scouting. To respect and value the diversity of Scouting, it is important to recognise, celebrate and explore the meaning behind a wide range of religious occasions throughout the year. This month, as well as Christmas, an important celebration for Christians, there is Hanukkah, the Jewish 'festival of lights'. In 2014, Hanukkah takes place from 16–24 December. A key consideration in planning any activities is ensuring everyone is included, feels comfortable and is valued.



Kay Hill, Specialist Adviser, says: Rather than thinking about specific celebrations

why not think in themes? For example winter brings a festival of light in many religions. Explore them all and help young people recognise the similarities and celebrate diversity. It's also, for many, the end of one year and the beginning of a new one.



Emma Saunders, Head of Educational Programme

Are you stuck for festive programme ideas? Why not try making a Pony Bead Dreidel? A dreidel is a four-sided spinning top that children play with during Hanukkah. This is just one activity that can be found on Programmes Online, our web-based programme planning tool to help leaders plan activities for young people. For full instructions and a range of other ideas, including an activity for Beavers to make a wish star for Hanukkah, visit scouts.org.uk/POL.

Join the conversation

There are lots of helpful discussions taking place on our Facebook page right now. Make sure you don't miss the chance to have your say – head to The Scout Association's Facebook page to share ideas, discuss important issues and receive advice from other Scouting volunteers.



Over to you...

Do you have a query about Scouting, or experience you could share as a member of our reader panel?

If the answer to either question is yes, email us at scouting.magazine@scouts.org.uk with your questions and advice.

Talk about it



Help raise awareness and challenge stigma by discussing mental health with your Group

Facts and figures

Mental health is an issue that affects many, but lots of people are afraid to talk about it. According to the Time to Change campaign, England's biggest programme to challenge mental health

stigma and discrimination, one in four people in the UK are affected by a mental health problem in any given year. One in 10 under 16s has a mental health problem, with teenagers more likely to be affected than younger children.

Despite the prevalence of mental health problems, nine out of 10 people affected experience stigma and discrimination. Nearly three in four young people fear the reactions of friends when they talk about their mental health problems.

Mental health issues include:

Depression Depression is different from just feeling down or sad. People with depression may feel constantly tired or lacking in energy, feel hopeless, be self-critical and lose interest or pleasure in things they used to enjoy.

Obsessive Compulsive Disorder (OCD)

OCD is an anxiety disorder, involving repetitive unwelcome or distressing thoughts, and strong compulsions to repeat particular actions, such as hand washing, counting or checking things.

Anxiety Symptoms include regularly feeling worried, panicky and frightened. People may feel constantly on edge and unable to concentrate. Panic attacks are when you feel extremely anxious and may have heart palpitations, sweating and disorientation.

Self-harm Self-harm is when someone inflicts pain on themselves. This may include cutting or burning themselves. People who self-harm may feel anxious, depressed or stressed. They use self-harm as a way of dealing with their feelings and find it to be a release.

What you can do

You can make talking about mental health a part of your Group's programme and help young people to realise having



One in 10 under 16s has a mental health problem...

a mental health problem is nothing to be ashamed of. You don't have to be an expert. There are many organisations that provide support and advice.

The Time to Change campaign says that discussing mental health with young people can be really helpful: 'It breaks down taboos. It enables young people to look after their own mental health, reduces the stigma around asking for help, and allows them to support their peers too.'

Create an open, supportive and trusting environment at your Group, so that young people feel able to talk to each other and adult leaders about mental health issues. The Time to Change website has lots of activity ideas, information sheets and videos for youth workers available at bit.ly/1rgYjwE.

Support for young people

The following organisations provide support to young people with mental health issues, so make your Scouts aware of them. Also remind them to speak to their GP if they have any concerns. Childline is a free, 24-hour helpline for young people. Call 0800 1111. Find out more at childline.org.uk.

Get Connected offers free, confidential help for young people under 25 via phone, text, email and web chat. More information can be found at getconnected.org.uk.

Samaritans provide support to people of all ages in distress. Call 08457 909090, email jo@samaritans.org or find out more at samaritans.org.

Support for leaders

Check out our guidance on life issues facing young people, including substance use, emotional wellbeing and eating disorders. Find out more at scouts.org.uk/lifeissues.

For information about children's mental health, contact the charity YoungMinds or check out their website at youngminds.org.uk. If you're worried about a young person (aged under 25), you can call 0808 802 5544 or email parents@youngminds.org.uk.



A Scout's experience: Elizabeth, 17, Explorer Scout

'Since the age of 13, I've had depression and anxiety. I coped with this by self-harming. My problems caused me to become very isolated. I was paranoid about what people thought of me and didn't want to leave the house. I was exhausted and struggling to cope, especially as only a few people knew how I was feeling.'

'I felt like a weight was lifted when I attended Scout meetings. My friends in Scouting have always stuck by me, and they have never treated me differently because of my illness. Going hiking or camping was a huge source of comfort, as I felt I could escape the places that constantly reminded me of the pain I was going through.'

Scouting gave me great opportunities to develop as a person and never let me hide within myself as I was inclined to do during my worst periods

'I felt like a weight was lifted when I attended Scout meetings'

of depression. I always felt safe, comfortable and accepted.

'There is a stigma about mental health and I'm trying to change that. I have had experience of friends (who didn't know about my self-harm) saying things like 'cutting is so stupid.' Mental health problems are greatly misunderstood.

Many people view them as a weakness of character whereas, in fact, to live with mental health problems and never give up takes astronomical strength.'

TAKE A HIKE

KIRKBY STEPHEN

Follow a lost railway from the enchanting Eden Valley into the wilds of the Pennines



Claim your FREE issue* of **COUNTRYFILE**
Simply call **0844 776 1862** and quote **CFST14FRE** to receive your FREE copy. Stock is limited so be sure to call now.

*Terms and Conditions online at countryfile.com/scouts

Arriving at Kirkby Stephen station (rather than Kirkby Stephen East) will ensure you enjoy stunning views of the Dales before your walk even begins

Map: OS Explorer Map OL19

Scouting classification: Terrain zero.

Mostly follows solid pathways suitable for all abilities and wheelchairs.

Sections of the return journey along the riverside path may be muddy in winter and can be avoided by following the road through Kirkby Stephen to the station.

Distance: 4 miles (7 km)

Time: 1.5 hours

Start and finish: Kirkby Stephen station: NY 761 066

During the Victorian era, the market town of Kirkby Stephen became a thriving railway hub. In 1861, an ambitious line opened across the Pennines, connecting the Durham coalfields with new iron-ore smelting plants at Barrow. The Stainmore Line skirted the town to the east, passing over two grand stone viaducts at Merrygill and Podgill, to reach Kirkby Stephen East station.

The route

A From the station, take the footpath that runs parallel to the A685 through open fields and, after about 700m, at Halfpenny House, take the lane north to the southern extremity of the town. Here, the old Kirkby Stephen East station houses a heritage centre, buffet and shop.

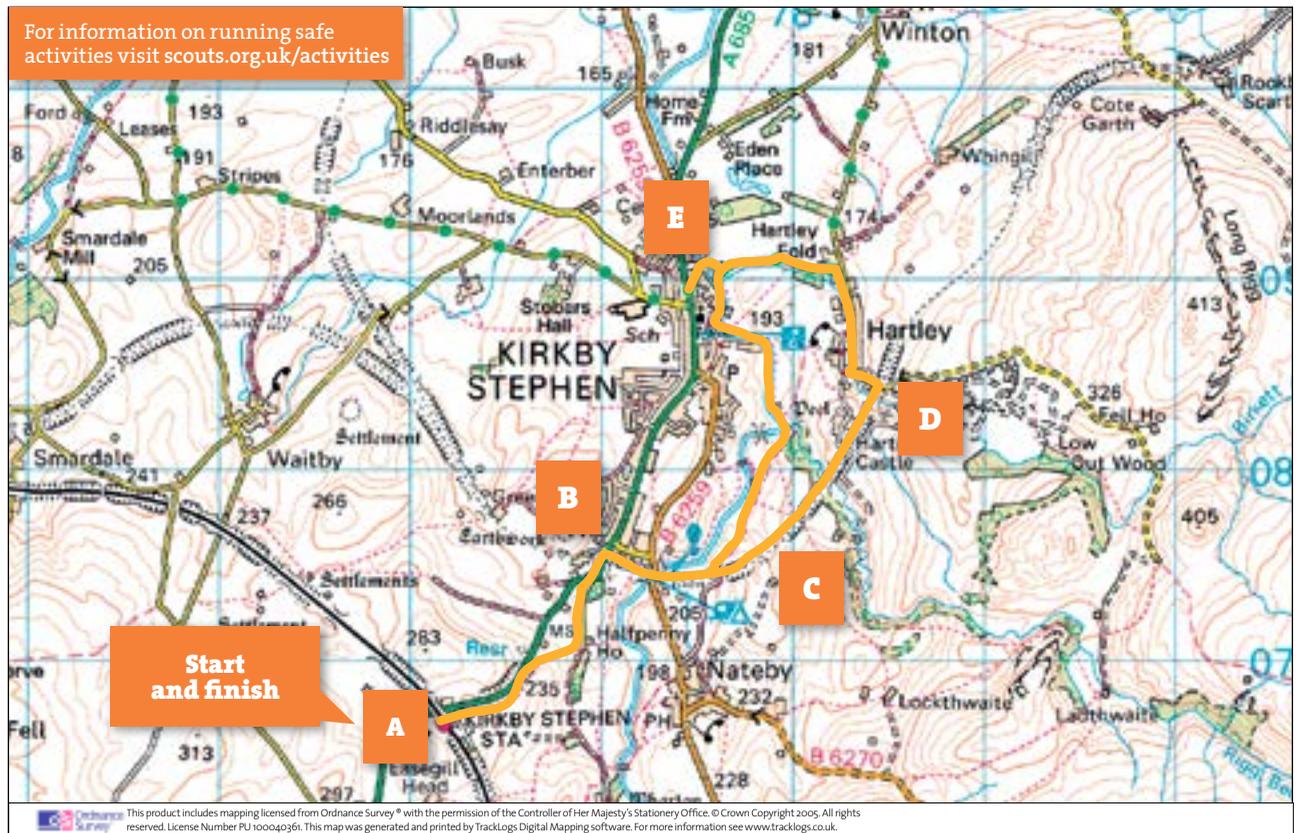
(B) A short walk away, the new Skenkrith Millennium Footbridge, with its exhilarating view of the River Eden below, brings you on to the disused trackbed of the Stainmore Railway. The entire section around Kirkby Stephen has been transformed into a walking- and cyclepath, overarched by trees.

(C) After 3/4 mile (1.2km), you cross Podgill Viaduct and a magnificent view opens out, with the town on your left and the open fells to your right. A side path drops to a viewing point below the arches and you can clearly see how the bridge was doubled in width when a second track was added.

(D) After the Merrygill Viaduct, another 350m further on, drop down to the lane and follow it north through the pretty village of Hartley. After about 500m, take the left-hand lane to Kirkby Stephen. This follows the Hartley Beck to where it meets the River Eden 500m to the west. Cross the river into the town centre, which has plenty of cafés and shops to stop for refuelling.

(E) Return to the station via a delightful riverside walk. Recross the Eden at Lowmill Bridge and take the footpath south along the river's east bank.

(F) After about 750m, the footpath leaves the river on a track – follow this with the hedgerow to your left for an alternative view below the old railway and of the bridges that span the valleys. Ignore all side routes and after 800m you'll reach the old railway path just 250m east of Skenkrith Millennium bridge. From here, retrace your steps to the station.



Words: BBC Countryfile Magazine; Picture: Alamy

5 sensory experiences

Delight the senses with these stimulating excursions



1. TRELISSICK GARDEN NEAR TRURO, CORNWALL

What: Formal and informal gardens with a sensory garden at their heart.
Why: The garden is famed for its displays of rhododendrons, azaleas, hydrangeas and camelias while palms add a tropical feel. The small enclosed sensory garden has been specially planted with herb and flowers selected for their fragrance and textures.
How: nationaltrust.org.uk/trelissick-garden; 01872 862090



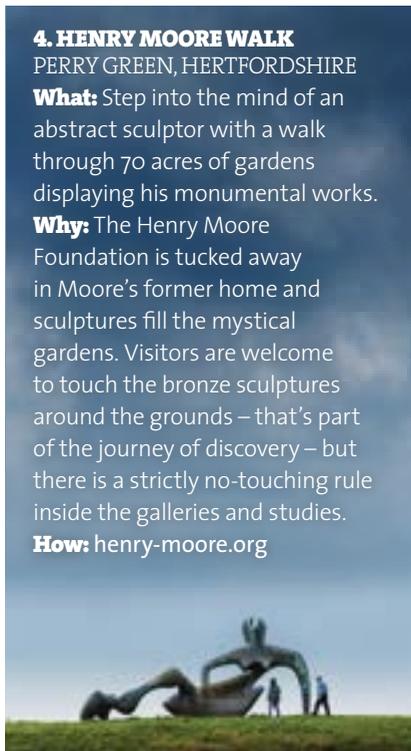
3. ROYAL BOTANICAL GARDENS KEW, LONDON

What: Glorious gardens and tropical hothouses that provide entrancing scents and colours.
Why: Kew Gardens offers a wonderful sensory journey but the greatest intensity can be found in the great glasshouses. Head to the Princess of Wales Conservatory, which recreates 10 different climate zones, each with their own cast of flora – and sometimes fauna.
How: kew.org



2. SINGING RINGING TREE, WAYSIDE ARTS TRAIL BURNLEY, LANCASHIRE

What: A 5m-high, wind-powered sculpture that creates eerie sounds from the top of a hill.
Why: Burnley's Wayside Arts Trail is a blend of landscape and sculpture, but the highlight is undoubtedly the Singing Ringing Tree. Made from steel pipes, Mike Tonkin and Anna Liu's sculpture takes the form of a windblown tree and harnesses the Pennines' wind to create a choral sound.
How: visitlancashire.com/things-to-do/the-wayside-arts-trail-p387700



4. HENRY MOORE WALK PERRY GREEN, HERTFORDSHIRE

What: Step into the mind of an abstract sculptor with a walk through 70 acres of gardens displaying his monumental works.
Why: The Henry Moore Foundation is tucked away in Moore's former home and sculptures fill the mystical gardens. Visitors are welcome to touch the bronze sculptures around the grounds – that's part of the journey of discovery – but there is a strictly no-touching rule inside the galleries and studies.
How: henry-moore.org

5. GRIZEDALE FOREST SCULPTURE TRAIL CUMBRIA

What: Eighty beautiful and thought-provoking sculptures dotted through 8,000 acres of forest.
Why: Some of Britain's top artists have created sculptures that sometimes move, make sounds or are optical illusions to challenge walkers in this wonderful, wildlife rich forest. Some are permanent installations, others are moulded from natural materials and gradually reclaimed by the forest – finding them is all part of the fun.
How: grizedale-sculpture.org/index.php/sculpture

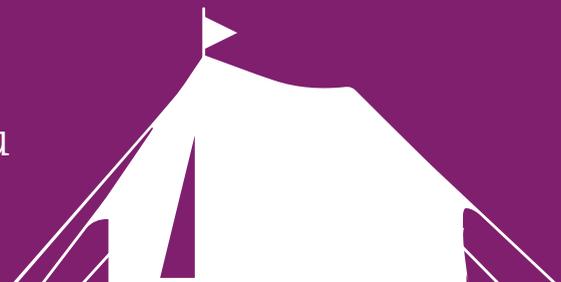


Words: BBC Countryfile Magazine; Pictures: Alamy, Thinkstock

SCOUTING ESCAPES

Appropriate Scout Association authorisation is required by leaders and adults running activities and events, even when using products and equipment supplied by commercial companies. Inclusion in this listing does not imply endorsement by The Scout Association

Camp is never far from the minds of Scouting's young people, so we're bringing you some extra information in our new listings section to help you make your destination decision



Acorn Adventure

Acorn Adventure is an accredited adventure specialist. We offer fully catered, pre-erected camping villages, with programmes of adventurous activities, delivered by qualified instructors. We have a location and programme to suit everyone. From £49pp for an adventure weekend.

☎ 0121 504 2070

✉ info@acornadventure.co.uk

🌐 acornadventure.co.uk



The Association of Scout and Guide Centres

Visit the ASGC website to find a regional directory, campsite info and reviews. The ASGC is the biggest network of Scout and Guide campsites in the UK and you'll find everything from a small district site to large activity centres, plus training courses and events.

🌐 asgc.org.uk; like us on Facebook and follow us on Twitter.



Beaudesert Park

With 124 acres of open parkland and woodland, Beaudesert is an ideal setting for camps and residential visits. Our range of activities and flexible booking system means you can build a programme to suit your needs. We can also offer team-building and survival camps, all designed to suit your requirements.

☎ 01543 682278

🌐 beaudesert.org



Belchamps Scout Activity Centre

Belchamps is set in the Essex countryside, just a short train ride from Southend Beaches. You can come self-catered or opt for fully catered, fully programmed packages. With great indoor accommodation, over 40 activities and lots to do nearby, camp has never been easier.

☎ 01702 562690

✉ info@belchamps.org.uk

🌐 belchamps.org.uk



Try your hand at sailing by boarding a clipper round-the-world racing yacht. Based in the stunning waters of the Clyde Estuary you have the chance to 'take the challenge' and see what life is like on an ocean racer. No experience required and all safety and wet-weather gear provided.

☎ 0844 335 1416

✉ enquiries@clydechallenger.co.uk

🌐 clydechallenger.co.uk or like us on Facebook and follow us on Twitter.



Cricket Camp

Located in the beautiful setting of Manor Farm Country Park, the campsite has 12 pitches as well as large encampments for up to 300 campers. Pauline's Lodge offers indoor dormitory accommodation (sleeps 48 people); a large hall, an industrial kitchen and utility room. Plus there's a fully equipped training room and IT café, tuck shop and Scout shop. Open all year round, we offer many adventurous activities.

☎ 023 8040 5151

🌐 isdsc.org.uk



Jeka

With over 50 years' experience of organizing Group holidays, JEKA can make planning your 'International' a hassle-free process. European packages by air or coach include transport, accommodation, food, 24-hour support and programme planning service. Prices start at £329 per person for a 10-day/7-night tour.

☎ **0845 0944 099** 🌐 jeka.co.uk
 🐦 [jekaholidays](https://twitter.com/jekaholidays)

Kibblestone

International Scout Camp

Kibblestone ICS

Situated in Staffordshire two miles from the town of Stone and six miles south of the city of Stoke-on-Trent, it's ideal for visiting Alton Towers and the Peak District. Open all year round, it has 98 acres of camping fields and woodland, plus indoor accommodation. The Campsite has facilities for people with additional needs, modern amenities and a camp shop. Friendly and experienced staff are on hand to assist with programme planning and advice.

☎ **01785 813407**



Linnet Clough

Linnet Clough is a year-round Scout activity centre and campsite with facilities for a multitude of activities. We have 40 acres of grassland for camping. We also have indoor accommodation to suit large or small groups and a complex suitable for residential training courses.

☎ **0161 427 1688**
 ✉ linnetcloughcamp@aol.com
 🌐 linnetclough.co.uk



Newquay Activity Centre

Based in Cornwall, we offer water-sporting activities including surfing, bodyboarding, coasteering, rock pooling and beach safaris. All activities are designed to introduce children and adults to their natural environment in a safe, educational, fun and engaging way.

☎ **01637 879571**
 🌐 newquayactivitycentre.co.uk



Scout Activity Centres

National Scout Activity Centres offer fun, challenge and adventure to Scouts, Guides, Schools and other youth organisations through our network of nine UK centres. With over 50 activities, fully catered options and a range of accommodation, we make outdoor learning affordable. Accredited and delivered by qualified instructors.

☎ **0845 300 2549**
 🌐 sac@scouts.org.uk



Scout Shops

Give back to Scouting and buy from Scout Shops while supporting a great cause for young people. With camping, outdoor equipment and clothing for all ages why not contact our friendly and helpful staff who will help you on your way to having that adventure of a lifetime?

☎ **01903 766921**
 🌐 scouts.org.uk/shop



TrekAmerica

TrekAmerica has over 40 years' experience showing young travellers the best of the USA, Canada, Alaska and Central America. Organised exclusively for your Scout Group and with your own tour leader, you can forget about logistics and concentrate on enjoying your experience.

☎ **0333 003 8213**
 🌐 trekamerica.co.uk/groups



Venture Abroad

Venture Abroad use over 45 years' experience to create tailor-made, international adventures for groups. Every trip includes travel, full itinerary planning, organisation of excursions and even the camping equipment! So, whatever the adventure, they'll offer you all the specialist advice you need!

☎ **01332 342 050**
 ✉ tours@ventureabroad.co.uk
 🌐 ventureabroad.co.uk



Walton Firs

Walton Firs provides the ideal base for your camp. Camping is set in 28 acres of open land and woodland, with easy access to the M25, M3 and M4. Indoor accommodation available for 86. Full list of activities on the website. Tents, cooking equipment and basic kit available for hire.

☎ **01932 863243**
 ✉ info@waltonfirs.co.uk
 🌐 waltonfirs.co.uk



Camp canapés

If you're organising a Scout shindig this Christmas, make these tasty, toasty treats for the ultimate party food

Whether you're on camp or at a Christmas gathering, crostini are ideal for your Group to devour. Not only are these tasty bites extremely versatile, cheap to make and easy to mass-produce, but they're also basically just fancy toast. And what could be more fitting for a Scouting soir e?

Ingredients

Serves 8

- **French stick or ciabatta loaf** 1
- **Garlic cloves** 5–6, peeled and halved
- **Olive oil**
- **Salt and pepper**

1 Cut your bread into 1cm slices and grill them on one side until they're light brown.

2 Rub the toasted side with a piece of garlic and brush or drizzle olive oil over the top.

That's it! But the making of your crostini is in the toppings you create. Here are some ideas to get you started. Mix and match a few flavours for a delicious range of Christmas canapés.

Toppings

- Roughly mash 100g **broad beans**, 75g **feta cheese** and a squeeze of **lemon juice** together with a fork and spoon onto your crostini. Add **salt and pepper** to taste.
- Spread each crostini with a small amount of **pesto** before scattering them with chopped **sundried tomatoes** and flaked **parmesan cheese**.
- Make mini cheesy toasts by sprinkling each crostini with equal measures of grated **cheddar** and **gruy re** before dousing with **Worcestershire sauce**. Grill until golden.
- Generously apply **cream cheese** to your base before sprinkling over crisp **bacon bits** or **lardons**.
- Pan-fry **mushrooms** in **butter** with crushed **garlic**. Drain the excess liquid. Pile on toasts with a little chopped **parsley**.

CHRISTMAS FUN and GAMES



WIN!

COMPLETE OUR QUIZ TO WIN OS PRIZES

Ordnance Survey, Great Britain's national mapping agency, has over £500 worth of great prizes to give away

OS getamap gives you access to all Ordnance Survey digital leisure maps. You can: find a ready-made route or create your own; print A4 maps at 1:25,000 and 1:50,000 scales and import or export routes to a GPS device or OS MapFinder.

OS Custom Made maps let you create a personalised map for your Troop centred anywhere in Britain; with your choice of location, title and cover image.

YOU COULD WIN...

Annual subscriptions to OS getamap:

- 1 of 3 subscriptions for Group use worth £100 each
- 1 of 10 individual subscriptions worth £19.99 each
- 1 of 5 copies of an OS custom-made map for your Group, worth £16.99 each

Get the latest offers, news and competitions from the Ordnance Survey Outdoors newsletter by signing up here: ordnancesurvey.co.uk/shop/connect-with-us.html

THE FESTIVE QUIZ 2014

1 Name the diner/diners

- A)** Consuming milk by-products perched perchance on a hassock or ottoman.
- B)** Preferring the less presentable porcine pastry treat, with, or is it in, a greasy spoon?
- C)** Vegetarians, who having dined, apathetically did not want to go home.
- D)** Extract of malt, please, but hold the honey and acorns.

2 You might need a night with the tiles to solve this year's cipher

19 42 12 101 110 13 32 51 31 17 16 44 15 41 16
82 13 18 11 14 11 102 81 21 16 22 11 19 32 42 17
13 18 19 33 11 18

3 Link the following

- A)** Dad's Army to Napoleonic weaponry.
- B)** A lieutenant in the 95th Rifles to a watery camel's mouth.
- C)** What vague connection may our

Chief Scout have with a donkey wheel?

- D)** Sopchoppy, Willaston and Blackawton.

4 Identify a Scout associated with hiking but not legally.

- B)** And which Scout superseded White Feller?
- C)** And where does Asparagaceae, subfamily Scilloideae fit into Scouting history?
- D)** And how come Scouts were given an arrowhead badge prior to 1907?

5 What was a mutt called Esmeralda's claim to fame?

- A)** Who was number 452?
- B)** Who was number 2 in Section 2?
- C)** Who are a red 2-6-0 number 5 and a blue 4-4-0 number 2?
- D)** And what has 1701 to do with 65 and 6?

7 A) Swinford and Whitney-on-Wye – what do they have in common?

- B)** Link Lancaster University and Warboys?
- C)** How does Heckington beat Sibsey beat Alford?
- D)** Link Edinburgh and Bedgelert.

8 A) Where in the Hebrides is the rather tongue-in-cheek 'holding point Charlie'?

- B)** Langley's book about Aladdin's son. Find a UK location of the same name.

9 An outing is planned. One person wants to take William and Richard. Another suggests taking Matilda and yet another suggests Dorothy. Someone else wants to bring Ceallach. What are they doing?

- A)** What do apples, cherries and butter beans have in common?
- B)** What do apples, tomatoes and

Quiz by Alan Burnham, crossword by Eddie James, word ladder by Anna Scrivener

INTERNATIONAL JAMBOREE TEASER

We're positive loads of you rose to last issue's Jamboree commemorative badge challenge. Here's the next instalment of cryptic pictures to keep you on your toes. Good luck!



Terms and conditions
 1) The promoter is Ordnance Survey Leisure Limited, Adanac Park, Southampton SO16 0AS. 2) Entrants must be UK residents aged 18 years or older, excluding Ordnance Survey's employees, friends and family. 3) By entering, you agree to be bound by these terms and conditions. 4) Only one entry per household. 5) No responsibility is accepted for lost, delayed, ineligible, fraudulent entries. 6) No purchase is necessary. 7) Closing date for entries is 31 January 2015. 8) Winners will be drawn at random from the correct entries and notified within two months of the closing date. 9) Winners may be required to participate in publicity arising out of this promotion and winners' names may be published. 10) These terms and conditions are governed by English law and the courts of England and Wales shall have exclusive jurisdiction.

potatoes have in common (apart from the answer to A)?

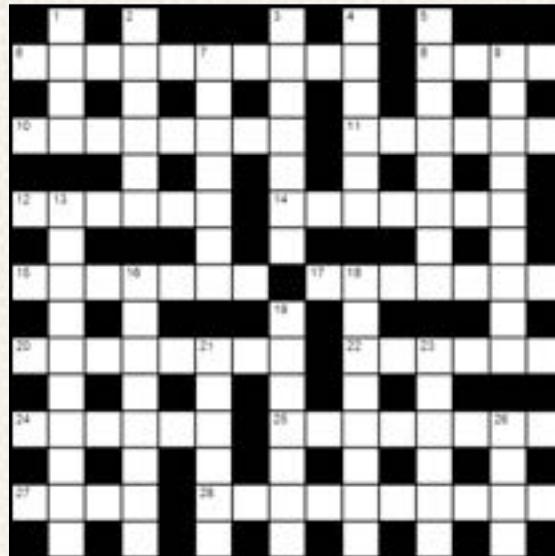
C) Ah, but what might apples, cherries, lemons, raspberries and plums have in common, my old mucker?

11 A) Identify a waterproof coat, an old time surgeon, an elephant of fiction and TV, a people of North Africa and a famous doll.

B) Similarly a stuffed cat, a wind instrument, an old peg and ball game, a resident of the Shire and a retired Italian footballer.

12 Draw yourself a grid four squares by four squares. Put four white counters in the left column, one in each of the four squares. Put four black in the right column. They can move only like bishops-diagonally. What is the least number of moves that result in the white counters being on the right and the black on the left?

SCOUTING CROSSWORD DEC/JAN



WORLD LADDER DEC/JAN

Can you get from snow to gift by changing only one letter in each line to get a new word?



For the solutions to last issue's puzzles, head to scouts.org.uk/magazine.

Across

- 6** A Beaver Scout's Challenge: making red fish pin (10)
- 8** Speed contest? Not a barrier, given our policy of inclusion (4)
- 10** Adventurous member of our organisation in the main! (3,5)
- 11** Provide cover for... dilapidated ruins, east (6)
- 12** Declared eg a fête ready to be enjoyed – on deep rocks (6)
- 14** Myths – they're the key to maps (7)
- 15** They may hang about, frozen, this time of year! (7)
- 17** Suppose... patrols initially carry on after a pause (7)
- 20** Very big caging – it is unstable (8)
- 22** Area of soft wet ground, so arm's broken (6)
- 24** Life ahead of this gives a safety feature for a 10 ac. (6)
- 25** Noel rig I adapted, which our organisation does not discriminate against (8)
- 27** River dam in Felixstowe I repaired (4)
- 28** Gets round having to use a map etc. (10)

Down

- 1** See gdn.
- 2** Yuletide? Add salt, maybe (6)
- 3** Cut with a knife making hit wet (7)
- 4** Jump which starts around 20th March in Britain (6)
- 5** Gifts... now, by Santa initially (8)
- 7** Rodeo Di organised – must be done no matter what (2-2-3)
- 9/1** Spruce, sporting decorations and standing in a corner of the room? (9,4)
- 13** Ice cap melted with rain for alfresco dining spot (6,4)
- 16** Often pulled at g dn – how silly! (8)
- 18** Long-winded hiking? (8)
- 19** A sign used in Scouts – cor, pioneering! (7)
- 21** A military entertainment, which could leave its mark on you permanently (6)
- 23** Awful drug, eg 'rocky' (6)
- 26** Having a row? Use these! (4)

SIDE SPLITTER Why are pirates pirates? Because they aaaaaarrrrrrggghhhhhhh.

fundays

Spring into Summer!

20-21 June 2015

NOW
at Woodhouse Park
as well as
Gilwell Park



scouts.org.uk/fundays


GILWELL PARK
Scout Activity Centre


WOODHOUSE PARK
Scout Activity Centre


scouts
be prepared

SCOUTING DIRECTORY

Appropriate Scout Association authorisation is required by leaders and adults running activities and events, even when using products and equipment supplied by commercial companies. Inclusion in this listing does not imply endorsement by The Scout Association.

ACTIVITIES & ACTIVITY CENTRES

Camping Indoor Accommodation Activities

AUCHENGILLAN Outdoor Centre

EXPLORE our 120 acre estate in Central Scotland.
DISCOVER a range of indoor and outdoor activities full of ADVENTURE and CHALLENGE!

centre@auchengillan.com 01360 770256 www.auchengillan.com

Oldfield Forge Academy Set in the heart of Herefordshire, we are a flourishing, family-run Blacksmithing company with an established reputation for creating high quality and innovative ironwork, using traditional and modern techniques.

Blacksmithing courses for all ages and abilities. We offer tailored courses for Scout organisations that are suitable for all ages and abilities. All staff are DSB checked and First Aid trained.



Please contact Nicky to discuss how a tailored course can be designed for your Scout Group:

t: 01981 580 016 m: 07716152354
e: info@oldfieldforge.co.uk w: oldfieldforge.co.uk



The ideal Club House from Passmores Portable Buildings



Superb range of top quality buildings...
Scout & Guide Huts
Club Rooms
Classrooms
Toilets/Shower blocks
Equipment Stores
Garages

www.passmores.co.uk • Tel: 01634 290033
Est. 1909

Scout Park, Gordon Road, Bounds Green, London N11 2PB

8 acre site, 5 minute walk from underground (Piccadilly Line), 7 stops from Central London. Camping and indoor accommodation available inc halls, kitchens, toilet and shower facilities. Activities: Climbing, Archery, Rifles, Pioneering, and Nature Centre. Meeting rooms and Wi-Fi.

For more info:
www.scoutpark.co.uk
bookings@scoutpark.org.uk
Tel: 07948 509632



Visit the Isle of Man in 2014

- Multi Activity Adventure Course
 - Full Board
 - Fantastic island location
 - Full adventure activity programme
- All courses are run in association with Isle of Man Events Services

Tel: 01624 814240
contact@adventure-centre.co.uk
www.adventure-centre.co.uk

Yr Hen Felin Cynwyd Activity and Mountain Centre

Self catering centre (sleeps 30) and cottage (sleeps 6) at the foot of the Berwyn mountains and close to Snowdonia National Park

Fully catered option available

Instructors available for mountain walking, climbing and canoeing with Scout Authorisations

Scout Award-schemes courses and D of E training and assessments

Fully staffed multi activity weekends available

SCOUTS

Yr Hen Felin

www.yrhenfelin-cynwyd.co.uk

BELCHAMPS SCOUT ACTIVITY CENTRE

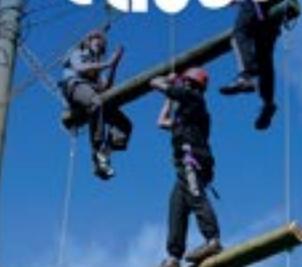
One of the best in Essex

20 camping areas, 5 residential buildings, over 50 activities, catering and fully inclusive packages available, events.

Call 01702 562690

www.belchamps.org.uk

Beaudesert Park



- Camping for up to 1500
- 7 Accommodation Buildings
- 40 Onsite Activities
- Onsite Shop
- Ideal for DofE Expeditions

www.beaudesert.org
Email: info@beaudesert.org
Tel: 01543 682278

Hesley Wood Scout Activity Centre



DELIVERING EVERYDAY ADVENTURE



Hesley Wood, First for adventurous activities in South Yorkshire. Along with indoor accommodation and lots of camping space.

0114 246 7912 • enquiry@hesleywood.org.uk • hesleywood.org.uk

ACTIVITIES & ACTIVITY CENTRES



CRICKET CAMP
Bursledon, Southampton.
Camping, lodge
and activities.

ADVENTURE AT THE NEXT LEVEL

023 8040 5151
www.cricketcamp.org.uk

2-12 BERTH NARROWBOATS FOR HIRE

BASED AT BRAUNSTON ON
THE GRAND UNION CANAL

CALL 01788 890784
WWW.UNIONCANALCARRIERS.CO.UK

To advertise here
contact Jamie Bolton
on 0117 314 7356

SUPPLIERS

Nottingham BADGES

Woven, Embroidered, Printed
nottinghambadges.co.uk



T-Shirts-Polo's-Sweatshirts-Hoodies

0115 967 6262
nottmsp@ntlworld.com

SUPPLIERS

STORM KETTLE THIS YEAR'S CHRISTMAS GIFT!



Ideal gift for the outdoor person who 'has everything'. Boils water in only minutes, using just a handful of dry twigs and a sheet of newspaper. Thousands sold. Carefully made in UK.

Terrific value is the new all-black POPPIN, the half-litre STORM Kettle, which comes with a complete outdoor cooking kit. This comprises a 5-piece CookKit, Pan Support, stability Tripod and large Jute Bag.

POPPIN Kettle & Kit only £59.49

(plus £4.49 UK carriage)

All overseas despatches add £10.00. Immediate despatch.

Order now at www.eydonkettle.com
and enter code 0121 to get this special price, or call 01327 261800, or write The Eydon Kettle Co Ltd, PO Box 50, Daventry, NN11 2ZA. Conditions apply.




ROBIN HOOD
ACTIVITY CENTRE

Robin Hood offers all year round indoor accommodation in our fully heated bunkrooms, or why not spend summer in our tented village. From archery to cote stacking, and campfires to orienteering, there are activities to suit everyone. And with Nottingham and Sherwood Forest close by, you too can be Robin Hood for the weekend!

With prices from just £10 per person per night, and all inclusive charges for all our indoor accommodation, why don't you make Robin Hood the venue for your next camp...?

Contact us at Info@RobinHoodActivityCentre.co.uk Tel: 0845 625 5670
Robin Hood Activity Centre, Rickets Lane, Bldworth, Nottinghamshire NG21 0NF
www.robinhoodactivitycentre.co.uk Price varies. See website for details.

Needwood Forest Scout Campsite Burton upon Trent

Centrally heated fully equipped building, with 28 beds (and bedding provided) 2 acres woodland and 2 acres camping field. Located centrally to: Peak District National Park, Cannock Chase, Alton Towers, Waterworld, Snowdome, Drayton Manor Park, Teycross Zoo, and St Georges Park (FA Centre)

For Brochure and price list contact
Brian Reeves 01283 546536
Email: warden@needwoodforest.org.uk



ASGC
Association of Scout and Guide Centres

Over 500 Campsites and Activity Centres in one easy-access directory.

Your next camp is only a click away
www.asgc.org.uk

CAMPING



WE DISCOVER, WE GROW
Girlguiding
Blackland Farm

Blackland Farm
Outdoor Activity Centre
and Campsite, West Sussex

01342 810493
blackland@girlguiding.org.uk
www.blacklandfarm.org.uk



NECKERCHIEFS
A variety of woven and printed neckerchiefs available in a range of colors and designs.

BADGES
Woven, embroidered, printed.

DESIGN YOUR OWN

FREE DELIVERY
across the UK & Europe in just 1-2 weeks.

01384 74500
sales@neckersandbadges.com
www.neckersandbadges.com



BESTBADGES.CO.UK
THE EXPERTS IN CUSTOM MADE BADGES

FREE ARTWORK
FREE SETUP
FREE DELIVERY

info@bestbadges.co.uk
01473 809291

BestBadges Ltd, Unit 7 Bailey Close, Ipswich, Suffolk IP2 0JD

Scouting Magazines audited circulation has increased by 6% to 116,707 Scout Leaders!

SUPPLIERS

Celebrating 50 Years
1964 - 2014

It's as easy as...

- Select a Badge**
Choose from our ready-made fun stock designs.
Order on-line - next day delivery.
- Adapt a Badge**
Personalise one of our pre-set designs.
Order on-line - 10 days delivery.
- Design a Badge**
Have your own custom-made design. Contact us for a quote, the first step in turning your design into a vibrant badge.

Check out our website to place your order
www.tolleybadges.co.uk
51-55 Enville Road, Kinvor, Stourbridge DY7 6BX
TELEPHONE : 01384 878550
email : info@tolleybadges.co.uk



AdverTees T Shirt Printing & Embroidery

50 x Printed Kids T-Shirts - **£160**

10 x Embroidered Kids Hoodies - **£125**

Prices include Delivery. Get in touch for more details.

info@advertees.co.uk | 01872 561 044

TL www.badges.tv
All to your own design

BADGES
Embroidered • Woven • Pin
BADGED & CLASSIC
T-shirts • Polos • Sweats
Hoodies • Caps • Neckers
PROFESSIONAL DESIGN
Felt Pennants • Mugs
Keyrings PVC Banners
Stickers

TL Productions Ltd, 8 Wellbrook Road,
Dunwell, Whitby, Cumbria, PA14 8SD
0800 55 93 222 / 01945 772490
Email: info@badges.tv

BADGES EMBROIDERED
in up to 9 vibrant colours of your choice and delivered in time for your event - that's **Guaranteed**

Send for Info Pack today

email: sales@goldpress.co.uk
www.goldpress.co.uk

Tel: 01274 878488
Goldpress Badges

StitchMonkey
CLOTHING Polo Shirts
• Sweatshirts • Hoodies & lots more
BADGES Woven • Embroidered
• Enamelled **NECKERS** Plain •
Bordered & Special Event

www.stitchmonkey.co.uk
01933 677040
stitchmonkey@btinternet.com

www.labyrinthcave.co.uk

Labyrinth Cave



available to hire or buy
we come to you

SCOUTwear
... customised clothing and accessories

PRINTING & EMBROIDERY

Polo Shirts • T-Shirts • Hoodies • Rugby Shirts
Hi-Vis • Outerwear • Hats & Bags • Accessories

Group & Section Clothing • Active Support Units
District & County Teams • Jamboree Units
Events & Camps • Campsites & Service Crews
FREE assistance with your designs!



Hoodies, Fleeces, Softshells, Gilets and Jackets - from £9.95

www.SCOUTwear.co.uk | 01707 26 88 01

bikeboxonline VeloVault Hire & Sales

your bike is clearly in the hands of expert technology!

- FITS ROAD AND MOUNTAIN BIKES
- MULTI WHEEL FIXING TECHNOLOGY
- 29ERS, ROAD, DISC + DISC BRAKES
- MADE IN THE UK
- FREE TSA APPROVED PADLOCK

velovault

PADLOCKABLE PROTEX CATCHES
DISC BRAKE PROTECTION
HEAVY DUTY, ROTATIONAL CASTERS
MULTI WHEEL FIXING TECHNOLOGY
REINFORCED DESIGN
HIGH IMPACT FOAM

BUY OR HIRE TODAY AT:
www.bikebox-online.co.uk
Hubs in Windsor, York & Portishead
Bike packing & UK wide delivery

Van delivery for all major EU triathlons & sportives

91% of Leaders have bought something having seen it advertised in Scouting Magazine.

PHIL PACKER

Scouting ambassador **Phil Packer MBE** tells us what inspires him...

You're an inspiration to many, but who inspires you?

I have been fortunate to meet a lot of inspirational figures. For me, it is the young people I meet who, very quietly and very humbly, choose to live their lives when they are suffering from illness, medical conditions or a disability, rather than to just survive. Their bravery inspires me and instills in me the drive and determination to do more for other young people who are finding life with trauma overwhelming and a struggle.

to choose next to challenge yourself and what can you do to help others?

What would you say to someone that says they 'can't'?

If someone is finding themselves in that situation and they need help it is important to understand why they feel that way. This is the time to listen, understand and, if appropriate, to encourage and to assist. We all have limitations and it is vital that we manage our own and other people's

volunteers who young people put their trust in. We need to continue to attract these exceptional characters who have the ability to bring out the very best in young people. These adults make UK Scouting possible and this is the reason to become involved.

'Learning from the experience is what really matters'

How has Scouting helped you?

When I was younger, there were difficulties with domestic violence at home. Scouting offered a sanctuary where I felt protected, as well as excitement through the many activities available. Since becoming a UK Scouting ambassador I am delighted that there is more emphasis on inclusion and I feel honoured to be part of our family. Scouting is a forward-thinking organisation and it's great that there are more opportunities available for young people who live with disabilities.

expectations. Taking part or giving something a go is the real adventure; learning from the experience is what really matters.

Why should more adults get involved in Scouts?

Supporting young people in a safe and secure environment is essential to their education, experience and confidence. UK Scouting offers the structure, ethos and guidance to deliver this. Integral to this is the calibre of adult

How can Scouts help young people?

We have superb adult leaders who are selfless and wholeheartedly committed to providing opportunities for young people. Scouting is a lifestyle choice that offers an extraordinary list of opportunities throughout the whole of a young person's life. My question to any young member is, 'What are you going



Phil with "Poppy" who will be both an Assistance and PAT (Pet As Therapy) Dog



A World of Adventure Awaits!

Find thrills, chills and learn new skills at the UK's best adventure centres

The Highland Adventure Destination!

THE UK'S NATIONAL CENTRE FOR ICE CLIMBING

- + Indoor Ice Climbing
- + Outdoor Ice Climbing
- + Aerial Assault Course
- + Outdoor Guiding
- + Indoor Rock Climbing
- + Outdoor Rock Climbing

Only 10 mins From Glasgow City Centre!

SCOTLAND'S ONLY INDOOR REAL SNOW SLOPE

- Skiing +
- Snowboarding +
- Ice Climbing +
- Sledging +
- Ice Slide +
- Bar and Restaurant +

FROM ONLY

£15

per person

FROM ONLY

£7

per person

www.ice-factor.co.uk

01855 831100

Kinlochleven, Lochaber, PH50 4SF

www.snowfactor.com

0871 222 5672

Soar at INTU Braehead, Renfrew, PA4 8XQ



Come See Us at Ice Factor!
Kinlochleven, Lochaber, PH50 4SF

Come See Us at Snow Factor!
Soar at INTU Braehead, Renfrew, PA4 8XQ



outdoors

Manufacturing Scout tents for over 100 years

...troop branding

Bespoke Your Tent With Your Own Scout Group Name Badge...

ANY TENT purchased or sent in for repairs prior to Dec 31st will receive a FREE group name badge sewn onto the tent & valise*.

Tent purchases will also receive a free group flag with toggle fittings.

Additional badges can be purchased separately

*Terms and conditions apply



Badge size up to 20cm x 70cm
Flag size 1m x 70cm
Artwork to be supplied & agreed



Make your group stand out with your own identity...



Tel: 01274 728469

Email: info@bctoutdoors.com



outdoors
manufacturing tents for over 100 years

www.bctoutdoors.com

BCT Outdoors Ltd, Windsor Street, Bradford, West Yorkshire, BD4 7AQ.