

# Sharing survival skills

Work as a team to help others learn some useful survival skills

**P**lan and run a Youth Shaped family and friends event at your meeting place or a local campsite, where young people can demonstrate three types of survival skill to show their knowledge and pass it on to others.



## Felix Immler

For more camping activities, take a look at *The Swiss Army Knife Book: 63 Outdoor Projects* by Felix Immler, and search for him on YouTube.

## Top tips

Survival expert Felix Immler shares his advice on building a shelter

**1**

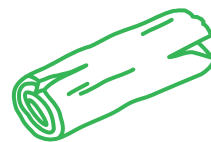
Using overhanging rocks, caves, fallen trees, spruce or other trees with dense branches can make it easier to build a shelter.

**2**

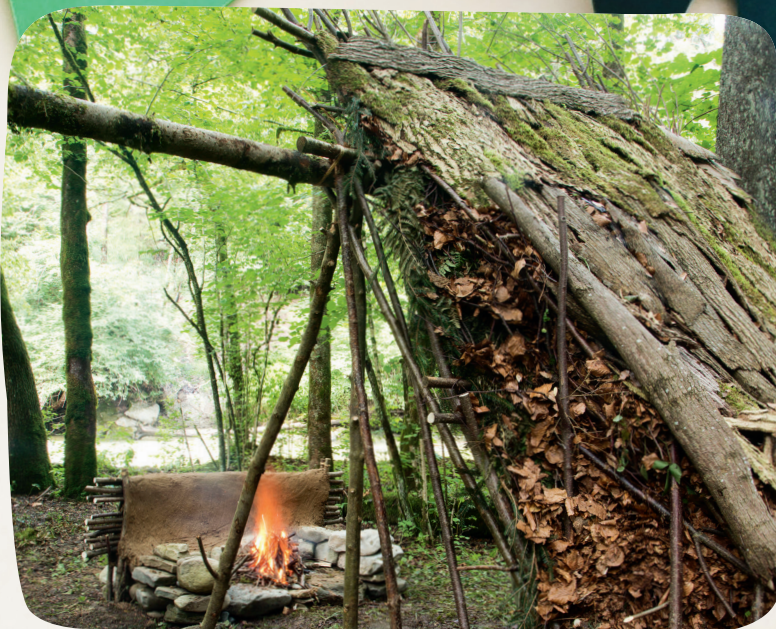
If it's dry, floor insulation is more important than a roof. Use everything you can find: grass, leaves, branches, clothes, etc.

**3**

When camping in windy conditions, a few rocks, a mound or a few stacked tree trunks can significantly reduce the draught.







## Helping hands

Encourage young people to help with risk assessments and safety for each of the activities. Learn more at: [scouts.org.uk/safety](https://scouts.org.uk/safety).

## Suitable for Scouts

### Instructions

**1** Explain to your section that you are going to be planning an event where they will be teaching a survival skill to others. Ask them for suggestions about the best ways to teach others a skill. This might include providing a list of the equipment needed, safety tips, step-by-step instructions and practical demonstrations. It could also include interpersonal skills, like explaining things clearly, thinking through what information you want to get across, and being patient while people learn.

**2** Ask your section to choose three survival skills that they want to demonstrate to friends and family at the event. These might be: how to build a fire using natural materials; first aid skills with limited resources; how to sharpen a knife safely; building a shelter; or how to use international distress signals. Instructions and resources for activities can be found at: [fundraising.scouts.org.uk/victorinox](https://fundraising.scouts.org.uk/victorinox).

**3** Split your section into three groups, and task each one with planning a survival skill activity. Ask them to work together as a team to decide how they will teach this skill to a small group of other people.

Each member of the team should have a task during the survival skill demonstration and teaching process.

**4** Help the young people make a list of all the equipment they will need for their chosen skills and to gather this together for the event.

**5** Pick a date and a location for your event and encourage everyone to share this with friends and family.

**6** On the day of the event, set up three survival skill work stations, and allow family and friends time to visit each one, where the young people will lead the sessions.

**7** If your young people have opted to demonstrate knife or multi-tool skills, make sure they are working in a group of no more than three to four and are supervised by a leader. Find guidance at [scouts.org.uk/knife-safety](https://scouts.org.uk/knife-safety).

**8** At the event, have recruitment information available for any adults attending who might be interested in getting involved in Scouts on a regular basis. If they have fun, suggest they come along to a meeting!

## Time needed 90 minutes

### Badges



Victorinox partners the Scout Survival Skills Activity Badge

### Partner



**VICTORINOX**

### Outcomes

The young people will show they understand their chosen survival skills and can work as a team to pass on this knowledge to others.

### More information

For more badge resources and activity sheets visit: [fundraising.scouts.org.uk/victorinox](https://fundraising.scouts.org.uk/victorinox)