Menstruation superstitions



In Israel, some people say that if you shower with hot water while you're on your period then you'll have a heavy flow.

In Romania, some people say that you shouldn't touch flowers while you're on your period because they'll die more quickly.

In Colombia, some people say that you shouldn't drink cold drinks while you're on your period because they'll give you cramps.

In India, some people say you can't enter a kitchen or cook food for anyone else while you're on your period.

In Argentina, some people say that you shouldn't take a bath because it'll make your bleeding stop, which is bad for you.

In the Philippines, some people say that you should wash your face with the blood of your first period to have clear skin.

In the UK, some people say that everyone experiences PMS and it makes everyone irritable, angry, or emotional.

In the UK, some people say that you can tell when someone's menstruating because they smell, walk, or look different.