Make up a song to keep spirits high and improve your chances of survival!

Ally William

MILL

Top tip

Surviva

singalong

Run this activity on your next long journey or during camp.



Wogglebox



Isla says: 'We really enjoyed the activity, especially making up new lyrics to a song we knew.'

14



Suitable for all

Instructions

Ask your young people to imagine that they're in a survival situation. Perhaps their bus has broken down, or they're wild camping when they get cut off by bad weather. Discuss ideas of the things they would do to increase their chances of survival and being rescued, like staying warm or rationing food. 2 Ask them how singing might also help in a survival situation; it could help to keep everyone's spirits up, help potential rescuers to locate your group, keep wild animals away and pass the time until help arrives. Singing also helps people remain calm in challenging situations. Being calm will help when making decisions and problem-solving.

3 In groups or all together, challenge everyone to come up with a song that would help them remember the survival skills discussed in step 1. The song can be in any style. They could use a tune everyone knows and change the words so it's about survival and Scouts.

4 If you're running this on a camp, the group could make instruments using natural materials, like tapping sticks together or making a drum out of a tree stump.

5 Record your group singing their survival song on a smartphone and share it on social media for other groups to enjoy! (Get permission from parents/carers of everyone in the video before it's filmed and shared.)

Time needed 30 minutes

Badge



Victorinox partners the Scout Survival Skills Activity Badge

Partner



Outcomes

The young people will show that they know some basic actions to take while awaiting rescue that will help to keep them and their group safe and will help their rescuers in locating them. They will also have a go at songwriting and will work as a team to come up with some lyrics to help them remember some top tips for survival.

More information

For more badge resources and activities visit scouts.org.uk/supporters/ victorinox.

Wogglebox



Erin says: 'I hope we get the chance to sing our song

the chance to sing our song around a real campfire in the summer at Jamboree.'