

Session Plan

Zoom session – Blended approach (2.75 hours)

| Time | Activity | Resources |
|---------------------------------|--|-----------------------------|
| Prior to | All participants to complete e-learning. You should | https://hampshire-scou |
| course | ask students to supply a copy of certificate or | ts.thinkific.com/courses/ |
| | contact Hampshire Scouts to be able to check | <u>firstresponse</u> |
| | e-learning system | |
| | first.aid@hampshirescouts.org.uk. | |
| Set up | PowerPoint - ensure you have the latest version and at least two tutors have access in case of technical issues. Polls - Create a poll on Teams or Zoom with the following options: (Quiz) Multiple Choice - A, B or C and (Walking debate) True, Partly True, Middle (could be true or false), Partly False & False. You could also use Menti or other software if you prefer. Breakout rooms - ensure you are familiar with the use of Breakout rooms in teams and zoom as this is used in the activities. | |
| 00:00 to 00:05 | Let people into webinar. Introduce tutors Go through content of slides 2-4 covering webinar, aims & completion of first response Take register (and check again at the end) | PowerPoint slides 1-4 |
| 00:05 to 00:50 45 mins | Quiz Go through the 20 questions, use polling function where there are A, B & C options and chat function for open questions. Go through answers as per PowerPoint slides - see notes for further guidance. | PowerPoint slides 5 - 40 |
| 00:50 to 01:15 25 mins | Scenario Split group into an even amount of break out rooms (around 6 in a group). Odd rooms do scenario 1 & even rooms scenario 2 Read out scenarios and either ask members to take a screenshot or share the PowerPoint to the break out room. Give groups 10 mins to discuss and then choose someone to feedback, give 2 min | PowerPoint slides 41-48 |



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| | warning.Go through answers, you could choose a | |
| | break out room to feedback on before, | |
| | during and after depending on number of | |
| | rooms used. | |
| 01:15 | Break (10 mins) | PowerPoint slides 49 |
| to | | |
| 01:25 | | |
| 10 mins | | |
| 01:25 | Walking debate | PowerPoint slide |
| to 01:50 | Explain that this activity is to promote discussion and there is a continuum of answers. | 50-59 |
| 25 mins | Ask each question and get responses via the | |
| 25 1111113 | poll; get people to explain why they have chosen | |
| | their answer (true/false/middle) | |
| | | |
| 01:50 | Medical conditions | PowerPoint slides |
| to | Split into five break out rooms, giving each a | 60-62 |
| 02:20 | scenario (either ask them to screen shot or | |
| 20 mins | share the PowerPoint to the breakout room) | |
| | Get them to discuss (5 mins) key points on | |
| | the treatment and feedback (15 mins). They | |
| | can also note down any questions they have | |
| | as a group. | |
| | Heart attack | |
| | • Stroke | |
| | • Diabetes | |
| | AnaphylaxisAsthma | |
| 02:20 | Extremes of Temperature | PowerPoint slides - |
| to | Explain that a symptom will appear on the | 63-65 |
| 02:30 | screen and they need to identify if it is heat | 03 03 |
| 10 mins | exhaustion, hypothermia or both. | |
| 10 1111113 | You could use the chat to ask people to | |
| | respond - H = hot, C = cold and B = both or | |
| | you could use a poll | |
| | Run through the treatment for Heat | |
| | exhaustion and Hypothermia - you could use | |
| | the chat for suggestions | |
| | This is additional to the first response syllabus so | |
| | can be omitted if time does not allow. | |
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| 02:30 | Minor Injuries | PowerPoint slides - |
|-----------------------|---|---------------------|
| to | Run through the list of minor conditions | 66-67 |
| 02:40 | discussing the treatment for each - use | |
| 10 mins | notes for guidance | |
| | This is additional to the first response syllabus so | |
| | can be omitted if time does not allow. | |
| 02:40 | Finish and next steps | PowerPoint slides - |
| to 02:45 5 mins | Thank people for taking part | 68-70 |
| | Ask if there are any questions | |
| | Take register (if not done so at beginning) | |
| | Remind people of next steps to complete | |
| | 10B | |
| | Post course | |
| | Issue certificate | |
| | Update 10A on Compass | |

Any questions please email $\underline{\text{mike.baxter@scouts.org.uk}}$ or $\underline{\text{firstaid@scouts.org.uk}}$ for further guidance